

OCPS Online Physician Directory

Psychiatrists Skilled in the Practice of Psychotherapy

The psychiatrists listed below have indicated that they have a special interest or expertise in certain forms of treatment known as psychotherapy (also known as counseling or “talk therapy”). This does not preclude the ability to prescribe medication, should it be necessary or indicated.

After you select the cities closest to you, peruse the list of psychiatrists. The items listed in **boldface** under each listing specify the type(s) of psychotherapy practiced.

All forms of psychotherapy should be considered individual adult psychotherapy, unless specifically listed as marital, couples, or family. If you are looking for psychotherapy for a child or adolescent, please return to the main OCPS Physician Directory page and choose the Child & Adolescent category.

Please note: Some psychiatrists who routinely perform psychotherapy may not have listed psychotherapy as a special area of expertise when registering for the OCPS Physician Directory. Those psychiatrists are not shown on this list. If you wish to broaden your search to include all psychiatrists (many of whom perform psychotherapy), please return to the main physician directory page, and choose All Psychiatrists or choose a specific area of concern or interest.

PLEASE GO ON TO THE NEXT PAGE

ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis, Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
<http://www.drbill.mymedfusion.com/>
Distinguished Fellow
Adult and adolescent psychotherapy
Intensive Short-Term Dynamic
Psychotherapy
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Schizophrenia
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
www.drkassir.yourmd.com
Fellow
Intensive Short-Term Dynamic
Psychotherapy
Cognitive-Behavioral Therapy
Anxiety Disorders
Mood Disorders (e.g. Depression, Bipolar)
Women's issues (e.g. pregnancy and
postpartum, PMS, etc.)
Adult Attention Deficit Disorder

BREA

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

COSTA MESA

David R. Block, MD
150 Paularino Avenue
Suite C-100
Costa Mesa, CA 92626
(949) 333-2018
info@drdavidblock.com
General Member
Alcohol/Substance Abuse
Anxiety Disorders
Mood and affective disorders
Gay/Lesbian Issues
Cognitive-Behavioral Therapy
Interpersonal Therapy

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Laurence F. Greenberg, M.D.
19100 Von Karman Avenue, Suite 290
Irvine, CA 92612
(949) 222-6662
ADHD
Anxiety Disorders
Eating Disorders
Cognitive Behavioral Therapy

Dan R. Tzuang MD
University Tower
4199 Campus Drive, Suite 550
Irvine, CA 92612
(949)725-2205
www.linkedin.com/in/dantzuangmd
Child, Adolescent & Adult Psychiatry
Psychotherapy

Michael Wolf, M.D.
19742 MacArthur Blvd., #135
Irvine, CA 92612
(949) 752-5244
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Cat Dang, D.O.
Insightful Minds, Inc.
2901 West Coast Highway
Suite 200
Newport Beach, CA 92663
(949) 270-2902
www.insightfulminds.org
General Member
Child/Adolescent/Adult
ADD/ADHD
Anxiety Disorders (OCD, PTSD)
Autism/Asperger's
Mood Disorders (Depression/Bipolar)
Psychotherapy (Behavioral, Art, Play)

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Life Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
**Intensive Short-Term Dynamic
Psychotherapy**

Carolyn Nguyen, M.D.
1001 Dove Street, Suite 280
Newport Beach, CA 92660
(949) 682-5437
<http://www.drcarolyn.com/>
General Member
Child/Adolescent/Adult
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Eating Disorders
Psychosis/Schizophrenia
Psychotherapy (Individual/Couples/Family)

NEWPORT BEACH (continued)

Thuy Rotunda, M.D.
1000 Quail Street, Suite 155
Newport Beach, CA 92660
www.newportpsych.com
Child/Adolescent/Adult psychiatry
ADHD
Anxiety Disorders
Mood Disorders
Psychotic Disorders
Psychotherapy (play, individual, family)

Elahe Sagart, M.D.
1101 Dove Street, Suite 165
Newport Beach, CA 92660
Phone: 949-350-3222
Fax: 949-251-0313
www.therapyworksbest.com
General Member
Adult ADHD
Anxiety & Phobia
Bipolar Disorder
Obsessive Compulsive Disorder
Personality Disorder
Psychotherapy

ORANGE

Jessica L. Langenhan, MD
1110 East Chapman Avenue
Suite 203
Orange, California 92866
714-453-0688
General Member
Anxiety Disorders
Obsessive-Compulsive Disorder
Mood Disorders
Cognitive Behavioral Therapy
Exposure & Response-Prevention Therapy
Psychopharmacology

TUSTIN/NORTH TUSTIN

Julie J. Giglio, MD
161 Fashion Lane, Suite 203
Tustin, CA 92780
714-730-1433 Phone and Fax
Fellow
Child/adolescent/adult psychotherapy (ages 12 and above)
Mood disorders
Anxiety disorders
Bipolar Disorder
Family therapy
Couples therapy

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow
Psychoanalysis
Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

Marilyn Sosna, M.D.
2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse
Crises
Family

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.

18200 Yorba Linda Blvd.

Suite 405

Yorba Linda, CA 92886

(714) 854-0010

Fellow

Anxiety Disorders

Depression

Adolescents

Biofeedback

Psychopharmacology

Obsessive-Compulsive Disorder