

OCPS Online Physician Directory

Psychiatrists Specializing in Treatment of Anxiety Disorders

Below, you will find a list of psychiatrists grouped by city. Each of these psychiatrists treats specific types of the general problem you selected.

HOW TO USE THIS LIST

FIRST

Think of the city in which you would like to find a psychiatrist. Consider nearby cities as well.

SECOND

- **If you know the specific problem or diagnosis for which you are seeking help**, look for a psychiatrist in the cities you choose, who lists that problem as one of their areas of specialty.

- **If you don't know the specific problem or diagnosis**, select any of the psychiatrists in the cities you choose.

- **If none of the psychiatrists below lists your problem as a specialty**, then choose one that lists a similar problem or choose any psychiatrist in the cities you choose. Many psychiatrists are skilled in treating problems that are not listed under their name, because each psychiatrist was asked to limit their list to 6 items and most psychiatrists are skilled in treating more than six problems.

PLEASE CONTINUE TO THE NEXT PAGE

ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
Distinguished Fellow
Intensive Short-Term Dynamic
Psychotherapy
Anxiety Disorders
Bipolar Disorders
Schizophrenia
Depression
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
<http://www.drkassir.yourmd.com>
Fellow
Intensive Short-Term Dynamic
Psychotherapy
Cognitive-Behavioral Therapy
Mood Disorders
Anxiety Disorders
Depression
Psychopharmacology

APPLE VALLEY

Kevork Iskenderian, M.D.
16195 Siskiyou Road
Suite 120A
Apple Valley, CA 92307
(760) 946-2070
General Member
ADD/ADHD
Obsessive-Compulsive Disorder
Adolescents
Child
Affective Disorders
Autism
(Also has office in Redlands)

BREA

Charles D. Malinick, M.D.
3350 East Birch Street
Suite 100
Brea, CA 92821
(714) 528-9592
General Member
Psychopharmacology
Affective Disorders
Anxiety Disorders
ADD/ADHD
Obsessive-Compulsive Disorder

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

CERRITOS

Bala Gulasekaram, M.D.
17215 Studebaker Road
Suite 300
Cerritos, CA 90703
(562) 924-7307
Fellow
Inpatient
Psychopharmacology
Schizophrenic Disorders
Bipolar Disorders
Anxiety
Depressive Disorders

CLAREMONT

Donald B. Horowitz, M.D.
428 West Harrison Avenue, Suite 101
Claremont, CA 91711
(909) 625-5509
P.O. Box 298
Claremont, CA 91711-0298
Also has office in Garden Grove
Life Member
Psychopharmacology
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Post-Traumatic Stress Disorder
Dissociative Disorders

COSTA MESA

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

Harish Kavirajan, M.D.
950 South Coast Drive
Suite 202
Costa Mesa, CA 92626
(949) 422-6814
Anxiety Disorders
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Geriatric Psychiatry
Psychopharmacology

DANA POINT

Edward Kaufman, M.D.
33971 Selva Road
Suite 125
Dana Point, CA 92629
(949) 488-3332
Distinguished Life Fellow
Alcohol/Substance Abuse
Depression
Anxiety Disorders
Psychopharmacology

FULLERTON

Ernest A. Wagner, M.D.
1400 North Harbor Blvd.
Suite 440
Fullerton, CA 92835
(714) 773-1502
General Member
Adult
Anxiety Disorders
Depression
Obsessive-Compulsive Disorder

GARDEN GROVE

Donald B. Horowitz, M.D.
12443 Lewis Street, Suite 101
Garden Grove, CA 92840
(909) 625-5509
Also has office in Claremont
Life Member
Psychopharmacology
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Post-Traumatic Stress Disorder
Dissociative Disorders

Mark Zetin, M.D.
12443 Lewis Street
Suite 101
Garden Grove, CA 92840
(714) 971-8103
Distinguished Fellow
Adult
Anxiety Disorders
Bipolar Disorders
Obsessive-Compulsive Disorder
Psychopharmacology
Testamentary capacity
Psych malpractice

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Laurence F. Greenberg, M.D.
19100 Von Karman Avenue, Suite 290
Irvine, CA 92612
(949) 222-6662
ADHD
Anxiety Disorders
Eating Disorders
Cognitive Behavioral Therapy

Michael Wolf, M.D.
19742 MacArthur Blvd., #135
Irvine, CA 92612
(949) 752-5244
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

LAGUNA HILLS

Phillip Cohen, M.D.
25401 Cabot Road
Suite 203
Laguna Hills, CA 92653
(949) 951-3003
General Member
ADD/ADHD
Autism
Depression
Psychopharmacology
Panic/Phobic Disorders/Obsessive-
Compulsive Disorder
Child

Chona B. Green, M.D.
23121 Plaza Point Drive
Suite 150
Laguna Hills, CA 92653
(949) 586-4113
General Member
Geriatric
Adult
Adolescent
Depression
Alzheimer's disease
Anxiety disorders

Can Tang, MD, MPH
23161 Mill Creek Dr. #335
Laguna Hills, CA 92653
office: 949-363-3325
fax: 949-417-1387
www.orangecountypsychiatrist.net
General Member
ADHD
Depression
Anxiety Disorders
Bipolar Disorder

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Cat Dang, D.O.
Insightful Minds, Inc.
2901 West Coast Highway
Suite 200
Newport Beach, CA 92663
(949) 270-2902
www.insightfulminds.org
General Member
Child/Adolescent/Adult
ADD/ADHD
Anxiety Disorders (OCD, PTSD)
Autism/Asperger's
Mood Disorders (Depression/Bipolar)
Psychotherapy (Behavioral, Art, Play)

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Life Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
Intensive Short-Term Dynamic
Psychotherapy

Carolyn Nguyen, M.D.
1001 Dove Street, Suite 280
Newport Beach, CA 92660
(949) 682-5437
<http://www.drcarolyn.com/>
General Member
Child/Adolescent/Adult
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Eating Disorders
Psychosis/Schizophrenia
Psychotherapy (Individual/Couples/Family)

NEWPORT BEACH (continued)

Thuy Rotunda, M.D.
1000 Quail Street, Suite 155
Newport Beach, CA 92660
www.newportpsych.com
Child/Adolescent/Adult psychiatry
ADHD
Anxiety Disorders
Mood Disorders
Psychotic Disorders
Psychotherapy (play, individual, family)

Elahe Sagart, M.D.
1101 Dove Street, Suite 165
Newport Beach, CA 92660
Phone: 949-350-3222
Fax: 949-251-0313
www.therapyworksbest.com
General Member
Adult ADHD
Anxiety & Phobia
Bipolar Disorder
Obsessive Compulsive Disorder
Personality Disorder
Psychotherapy

Sanjay Vaswani, MD, CMQ
1601 Dove Street, Suite # 230
Newport Beach, CA 92660
949-200-7103
General Member
Mood Disorders
Anxiety Disorders
Psychotic Disorders
ADHD/ADD
Dementias
Psychopharmacology

ORANGE

Jessica L. Langenhan, MD
1110 East Chapman Avenue
Suite 203
Orange, California 92866
714-453-0688
General Member
Anxiety Disorders
Obsessive-Compulsive Disorder
Mood Disorders
Cognitive Behavioral Therapy
Exposure & Response-Prevention Therapy
Psychopharmacology

Trung M. Thai, M.D.
UCI Medical Center
Department of Psychiatry
101 The City Drive South
Orange, CA 92868
(714) 456-3790
General Member
Adult
Cross-Cultural Issues
Chronic Mental Illness
Post-Traumatic Stress Disorder

REDLANDS

Kevork Iskenderian, M.D.
245 Terracina Blvd.
Suite 206
Redlands, CA 92372
(909) 307-9824
General Member
ADD/ADHD

Obsessive-Compulsive Disorder
Adolescents
Child
Affective Disorders
Autism
(Also has office in Apple Valley)

SANTA ANA

Chun Kee Ryu, M.D.
1633 East Fourth Street
Santa Ana, CA 92701
(714) 543-4447
Distinguished Fellow
Depression
Schizophrenia
Anxiety Disorders
Psychopharmacology
Psychosomatic Disorders

Thomas H. Okamoto, M.D.
2130 East Fourth Street
Suite 107
Santa Ana, CA 92705
(714) 558-2460
Fellow
Christian
Adolescents
Mood Disorders – Adult and Adolescent
Anxiety Disorders
ADD/ADHD
Dual Diagnosis Issues

Santi Pattara, M.D.
2101 East Fourth Street
Suite 110-A
Santa Ana, CA 92705
(714) 835-3314
General Member
Depression
Anxiety
Panic Disorders
Obsessive-Compulsive Disorder
Psychopharmacology

Clifton Schermerhorn, M.D.
1440 East First St., #420
Santa Ana, CA 92701
(714) 736-7234
Fellow
Alcohol/Substance Abuse
Sleep Disorders
Psychopharmacology
Anxiety Disorders

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow
Psychoanalysis
Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

TUSTIN/NORTH TUSTIN

Julie J. Giglio, MD
161 Fashion Lane, Suite 203
Tustin, CA 92780
714-730-1433 Phone and Fax
Fellow
Child/adolescent/adult psychotherapy (ages 12 and above)
Mood disorders
Anxiety disorders
Bipolar Disorder
Family therapy
Couples therapy

Cristiana Motet-Grigoras, MD
12341 Newport Blvd.
Suite D-200
North Tustin, CA 92705
(714) 544-9822
General Member
ADD/ADHD
Autism
Bipolar Disorders
Obsessive-Compulsive Disorder
Eating Disorders
Psychopharmacology

Marilyn Sosna, M.D. 2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse
Crises
Family

WEST COVINA

Dayalal D. Tank, M.D.
933 South Sunset Avenue
Suite 304
West Covina, CA 91790
(626) 813-1222
General Member
Bipolar Disorders
Schizophrenia
Depression
Anxiety Disorders

WESTMINSTER

Mai Nguyen, M.D.
14501 Magnolia Street
Suite 109
Westminster, CA 92683
(714) 903-8090
General Member
Adult
Affective Disorders
Schizophrenia
Anxiety Disorders
Obsessive-Compulsive Disorder
Post-traumatic Stress Disorder
Adjustment Disorder

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.
18200 Yorba Linda Blvd.
Suite 405
Yorba Linda, CA 92886
(714) 854-0010
Fellow
Anxiety Disorders
Depression
Adolescents
Biofeedback
Psychopharmacology
Obsessive-Compulsive Disorder