

# OCPS Online Physician Directory

## Psychiatrists Specializing in Treatment of Anxiety Disorders

Below, you will find a list of psychiatrists grouped by city. Each of these psychiatrists treats specific types of the general problem you selected.

### HOW TO USE THIS LIST

#### FIRST

Think of the city in which you would like to find a psychiatrist. Consider nearby cities as well.

#### SECOND

- **If you know the specific problem or diagnosis for which you are seeking help**, look for a psychiatrist in the cities you choose, who lists that problem as one of their areas of specialty.

- **If you don't know the specific problem or diagnosis**, select any of the psychiatrists in the cities you choose.

- **If none of the psychiatrists below lists your problem as a specialty**, then choose one that lists a similar problem or choose any psychiatrist in the cities you choose. Many psychiatrists are skilled in treating problems that are not listed under their name, because each psychiatrist was asked to limit their list to 6 items and most psychiatrists are skilled in treating more than six problems.

**PLEASE CONTINUE TO THE NEXT PAGE**

## **ALISO VIEJO**

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William E. Callahan, Jr., MD  
120 Vantis, Suite 540  
Aliso Viejo, CA 92656  
(949) 916-5656  
<http://www.drbill.mymedfusion.com/>  
Distinguished Fellow  
Adult and adolescent psychotherapy  
Intensive Short-Term Dynamic  
Psychotherapy  
Anxiety Disorders  
Mood Disorders (Depression/Bipolar)  
Schizophrenia  
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.  
120 Vantis  
Suite 540  
Aliso Viejo, CA 92656  
(949) 600-5757  
Distinguished Fellow  
Anxiety Disorders  
Depression  
Psychopharmacology  
Psychotherapy

Anthony M. Kassir, M.D.  
120 Vantis  
Suite 540  
Aliso Viejo, CA 92656  
(949) 360-9500  
[www.drkassir.yourmd.com](http://www.drkassir.yourmd.com)  
Fellow  
Intensive Short-Term Dynamic  
Psychotherapy  
Cognitive-Behavioral Therapy  
Anxiety Disorders  
Mood Disorders (e.g. Depression, Bipolar)  
Women's issues (e.g. pregnancy and  
postpartum, PMS, etc.)  
Adult Attention Deficit Disorder

## **BREA**

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Charles D. Malinick, M.D.  
3350 East Birch Street  
Suite 100  
Brea, CA 92821  
(714) 528-9592  
General Member  
Psychopharmacology  
Affective Disorders  
Anxiety Disorders  
ADD/ADHD  
Obsessive-Compulsive Disorder

Michael Wu, M.D., Inc.  
3 Pointe Drive, Suite 305  
Brea, CA 92821  
Office: 714.276.2930  
Fax: 714.256.9013  
General Member  
Depression  
Bipolar Disorder  
Anxiety Disorders  
Obsessive-Compulsive Disorder  
Schizophrenia  
Cognitive Behavioral Therapy

## **CERRITOS**

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Bala Gulasekaram, M.D.  
17215 Studebaker Road  
Suite 300  
Cerritos, CA 90703  
(562) 924-7307  
Fellow  
Inpatient  
Psychopharmacology  
Schizophrenic Disorders  
Bipolar Disorders  
Anxiety  
Depressive Disorders

## **CLAREMONT**

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Donald B. Horowitz, M.D.  
428 West Harrison Avenue  
Suite 101  
Claremont, CA 91711  
(909) 625-5509  
Also has office in Orange  
Life Member  
Psychopharmacology  
Obsessive-Compulsive Disorder  
Depression  
Bipolar Disorders  
Post-Traumatic Stress Disorder  
Dissociative Disorders

## **COSTA MESA**

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David R. Block, MD  
150 Paularino Avenue  
Suite C-100  
Costa Mesa, CA 92626  
(949) 333-2018  
[info@drdavidblock.com](mailto:info@drdavidblock.com)  
General Member  
Alcohol/Substance Abuse  
Anxiety Disorders  
Mood and affective disorders  
Gay/Lesbian Issues  
Cognitive-Behavioral Therapy  
Interpersonal Therapy

Gary Dylewski, D.O.  
234 East 17th Street  
Suite 201  
Costa Mesa, CA 92627  
(949) 722-1790  
General Member  
ADD/ADHD  
Adolescents  
Anxiety Disorders  
Mood Disorders  
Stress Management  
Holistic Psychiatry  
Meditation/Spirituality

Harish Kavirajan, M.D.  
950 South Coast Drive  
Suite 202  
Costa Mesa, CA 92626  
(949) 422-6814  
Anxiety Disorders  
Obsessive-Compulsive Disorder  
Depression  
Bipolar Disorders  
Geriatric Psychiatry  
Psychopharmacology

## **DANA POINT**

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Edward Kaufman, M.D.  
33971 Selva Road  
Suite 125  
Dana Point, CA 92629  
(949) 488-3332  
Distinguished Life Fellow  
Alcohol/Substance Abuse  
Depression  
Anxiety Disorders  
Psychopharmacology

## **FULLERTON**

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Ernest A. Wagner, M.D.  
1400 North Harbor Blvd.  
Suite 440  
Fullerton, CA 92835  
(714) 773-1502  
General Member  
Adult  
Anxiety Disorders  
Depression  
Obsessive-Compulsive Disorder

## **GARDEN GROVE**

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Mark Zetin, M.D.  
12443 Lewis Street  
Suite 101  
Garden Grove, CA 92840  
(714) 971-8103  
Distinguished Fellow  
Adult  
Anxiety Disorders  
Bipolar Disorders  
Obsessive-Compulsive Disorder  
Psychopharmacology  
Testamentary capacity  
Psych malpractice

## IRVINE

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Yujuan Choy, M.D.  
4199 Campus Drive  
Suite 550  
Irvine, California 92612  
Phone: (949) 725-2951  
Fax: (949) 612-1569  
www.121psychiatry.com  
General adult psychiatry  
Cognitive behavioral therapy  
Anxiety disorders  
Depression

Laurence F. Greenberg, M.D.  
19100 Von Karman Avenue, Suite 290  
Irvine, CA 92612  
(949) 222-6662  
ADHD  
Anxiety Disorders  
Eating Disorders  
Cognitive Behavioral Therapy

Michael Wolf, M.D.  
19742 MacArthur Blvd., #135  
Irvine, CA 92612  
(949) 752-5244  
Distinguished Fellow  
Depression  
Anxiety Disorders  
Psychotherapy  
Psychoanalysis  
Psychopharmacology

## LAGUNA HILLS

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Phillip Cohen, M.D.  
25401 Cabot Road  
Suite 203  
Laguna Hills, CA 92653  
(949) 951-3003  
General Member  
ADD/ADHD  
Autism  
Depression  
Psychopharmacology  
Panic/Phobic Disorders/Obsessive-  
Compulsive Disorder  
Child

Chona B. Green, M.D.  
23121 Plaza Point Drive  
Suite 150  
Laguna Hills, CA 92653  
(949) 586-4113  
General Member  
Geriatric  
Adult  
Adolescent  
Depression  
Alzheimer's disease  
Anxiety disorders

## NEWPORT BEACH

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Barton J. Blinder, M.D., Ph.D.  
400 Newport Center Drive  
Suite 706  
Newport Beach, CA 92660  
(949) 640-4440  
Distinguished Life Fellow  
Eating Disorders  
Child/Adolescent  
Psychoanalysis  
Obsessive-Compulsive Disorder  
Depression  
Panic/Phobic Disorders

Cat Dang, D.O.  
Insightful Minds, Inc.  
2901 West Coast Highway  
Suite 200  
Newport Beach, CA 92663  
(949) 270-2902  
[www.insightfulminds.org](http://www.insightfulminds.org)  
General Member  
Child/Adolescent/Adult  
ADD/ADHD  
Anxiety Disorders (OCD, PTSD)  
Autism/Asperger's  
Mood Disorders (Depression/Bipolar)  
Psychotherapy (Behavioral, Art, Play)

Douglas G. Kahn, M.D.  
400 Newport Center Drive  
Suite 706  
Newport Beach, CA 92660  
(949) 720-0414  
Distinguished Life Fellow  
Anxiety Disorders  
Affective Disorders  
Panic/Phobic Disorders  
Intensive Short-Term Dynamic  
Psychotherapy

Alexis Meshi, M.D.  
1100 Quail Street, Suite 104  
Newport Beach, CA 92660  
(949) 222-9922  
General Member  
[www.alexismeshimd.com](http://www.alexismeshimd.com)  
Women's Issues (PMS, Postpartum Depression,  
Menopause)  
Anxiety Disorders  
Mood Disorders  
Psychotic Disorders  
Victims of sexual abuse and/or domestic  
violence

Carolyn Nguyen, M.D.  
1001 Dove Street, Suite 280  
Newport Beach, CA 92660  
(949) 682-5437  
<http://www.drcarolyn.com/>  
General Member  
Child/Adolescent/Adult  
Anxiety Disorders  
Mood Disorders (Depression/Bipolar)  
Eating Disorders  
Psychosis/Schizophrenia  
Psychotherapy (Individual/Couples/Family)

Thuy Rotunda, M.D.  
1000 Quail Street, Suite 155  
Newport Beach, CA 92660  
[www.newportpsych.com](http://www.newportpsych.com)  
Child/Adolescent/Adult psychiatry  
ADHD  
Anxiety Disorders  
Mood Disorders  
Psychotic Disorders  
Psychotherapy (play, individual, family)

Elahe Sagart, M.D.  
1101 Dove Street, Suite 165  
Newport Beach, CA 92660  
Phone: 949-350-3222  
Fax: 949-251-0313  
[www.therapyworksbest.com](http://www.therapyworksbest.com)  
General Member  
Adult ADHD  
Anxiety & Phobia  
Bipolar Disorder  
Obsessive Compulsive Disorder  
Personality Disorder  
Psychotherapy

Sanjay Vaswani, MD, CMQ  
1601 Dove Street, Suite # 230  
Newport Beach, CA 92660  
949-200-7103  
General Member  
Mood Disorders  
Anxiety Disorders  
Psychotic Disorders  
ADHD/ADD  
Dementias  
Psychopharmacology

## ORANGE

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Donald B. Horowitz, M.D.  
112 East Chapman Ave., #A-5  
Orange, CA 92866  
(909) 625-5509  
Also has office in Claremont  
Life Member  
Psychopharmacology  
Obsessive-Compulsive Disorder  
Depression  
Bipolar Disorders  
Post-Traumatic Stress Disorder  
Dissociative Disorders

Trung M. Thai, M.D.  
UCI Medical Center  
Department of Psychiatry  
101 The City Drive South  
Orange, CA 92868  
(714) 456-3790  
General Member  
Adult  
Cross-Cultural Issues  
Chronic Mental Illness  
Post-Traumatic Stress Disorder

Jessica L. Langenhan, MD  
1110 East Chapman Avenue  
Suite 203  
Orange, California 92866  
714-453-0688  
General Member  
Anxiety Disorders  
Obsessive-Compulsive Disorder  
Mood Disorders  
Cognitive Behavioral Therapy  
Exposure & Response-Prevention Therapy  
Psychopharmacology

## SANTA ANA

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Thomas H. Okamoto, M.D.  
2130 East Fourth Street  
Suite 107  
Santa Ana, CA 92705  
(714) 558-2460  
Fellow  
Christian  
Adolescents  
Mood Disorders – Adult and Adolescent  
Anxiety Disorders  
ADD/ADHD  
Dual Diagnosis Issues

Clifton Schermerhorn, M.D.  
1440 East First St., #420  
Santa Ana, CA 92701  
(714) 736-7234  
Fellow  
**Alcohol/Substance Abuse**  
Sleep Disorders  
Psychopharmacology  
Anxiety Disorders

Santi Pattara, M.D.  
2101 East Fourth Street  
Suite 110-A  
Santa Ana, CA 92705  
(714) 835-3314  
General Member  
Depression  
Anxiety  
Panic Disorders  
Obsessive-Compulsive Disorder  
Psychopharmacology

## **SEAL BEACH**

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Jeffrey K. Seitelman, M.D., PhD  
13001 Seal Beach Blvd.  
Suite 345  
Seal Beach, CA 90740  
(562) 799-1417  
Distinguished Fellow  
Psychoanalysis  
Anxiety Disorders  
Depression  
Personality Disorders  
Child/Adolescents

## **TUSTIN/NORTH TUSTIN**

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Julie J. Giglio, MD  
161 Fashion Lane, Suite 203  
Tustin, CA 92780  
714-730-1433 Phone and Fax  
Fellow  
Child/adolescent/adult psychotherapy (ages 12  
and above)  
Mood disorders  
Anxiety disorders  
Bipolar Disorder  
Family therapy  
Couples therapy

Cristiana Motet-Grigoras, MD  
12341 Newport Blvd.  
Suite D-200  
North Tustin, CA 92705  
(714) 544-9822  
General Member  
ADD/ADHD  
Autism  
Bipolar Disorders  
Obsessive-Compulsive Disorder  
Eating Disorders  
Psychopharmacology

Marilyn Sosna, M.D. 2472 Chambers Road  
Suite 200  
Tustin, CA 92780  
(714) 505-1500  
Distinguished Fellow  
Adult  
Affective Disorders  
Anxiety Disorders  
Alcohol/Substance Abuse  
Crises  
Family

## **WEST COVINA**

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Dayalal D. Tank, M.D.  
933 South Sunset Avenue  
Suite 304  
West Covina, CA 91790  
(626) 813-1222  
General Member  
Bipolar Disorders  
Schizophrenia  
Depression  
Anxiety Disorders

## **WESTMINSTER**

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Mai Nguyen, M.D.  
14501 Magnolia Street  
Suite 109  
Westminster, CA 92683  
(714) 903-8090  
General Member  
Adult  
Affective Disorders  
Schizophrenia  
Anxiety Disorders  
Obsessive-Compulsive Disorder  
Post-traumatic Stress Disorder  
Adjustment Disorder

## **YORBA LINDA**

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Sadashiv Rajadhyaksha, M.D.  
18200 Yorba Linda Blvd.  
Suite 405  
Yorba Linda, CA 92886  
(714) 854-0010  
Fellow  
Anxiety Disorders  
Depression  
Adolescents  
Biofeedback  
Psychopharmacology  
Obsessive-Compulsive Disorder