

OCPS Online Physician Directory

Psychiatrists Specializing in Treatment of Mood Disorders

Below, you will find a list of psychiatrists grouped by city. Each of these psychiatrists specializes in the treatment of mood and affective disorders, such as depression and bipolar disorder.

HOW TO USE THIS LIST

FIRST

Think of the city in which you would like to find a psychiatrist. Consider nearby cities as well.

SECOND

- **If you know the specific problem or diagnosis for which you are seeking help**, look for a psychiatrist in the cities you choose, who lists that problem as one of their areas of specialty.

- **If you don't know the specific problem or diagnosis**, select any of the psychiatrists in the cities you choose.

- **If none of the psychiatrists below lists your problem as a specialty**, then choose one that lists a similar problem or choose any psychiatrist in the cities you choose. Many psychiatrists are skilled in treating problems that are not listed under their name, because each psychiatrist was asked to limit their list to 6 items and most psychiatrists are skilled in treating more than six problems.

PLEASE GO ON TO THE NEXT PAGE

ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis, Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
<http://www.drbill.mymedfusion.com/>
Distinguished Fellow
Adult and adolescent psychotherapy
Intensive Short-Term Dynamic
Psychotherapy
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Schizophrenia
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
www.drkassir.yourmd.com
Fellow
Intensive Short-Term Dynamic
Psychotherapy
Cognitive-Behavioral Therapy
Anxiety Disorders
Mood Disorders (e.g. Depression, Bipolar)
Women's issues (e.g. pregnancy and
postpartum, PMS, etc.)
Adult Attention Deficit Disorder

ANAHEIM

Onsi Habeeb-Elzayat, M.D.
1020 South Anaheim Blvd.
Suite 214
Anaheim, CA 92805
(714) 776-3371
General Member
Addiction
Adolescent Psychiatry
Affective Disorders
Schizophrenia
Forensic
Geriatric

BREA

Charles D. Malinick, M.D.
3350 East Birch Street
Suite 100
Brea, CA 92821
(714) 528-9592
General Member
Psychopharmacology
Affective Disorders
Anxiety Disorders
ADD/ADHD
Obsessive-Compulsive Disorder

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

CERRITOS

Bala Gulasekaram, M.D.
17215 Studebaker Road
Suite 300
Cerritos, CA 90703
(562) 924-7307
Fellow
Inpatient
Psychopharmacology
Schizophrenic Disorders
Bipolar Disorders
Anxiety
Depressive Disorders

CLAREMONT

Donald Horowitz, M.D.
428 West Harrison Avenue, Suite 101
Claremont, CA 91711
(909) 625-5509
Also has office in Orange
Life Member
Psychopharmacology
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Post-Traumatic Stress Disorder
Dissociative Disorders

COSTA MESA

Gustavo Alva, M.D.
3151 Airway Avenue
Suite T-3
Costa Mesa, CA 92626
(714) 545-5550
General Member
Research
Affective Disorders
Alzheimer's Disease
Geriatric
Schizophrenia

David R. Block, MD
150 Paularino Avenue
Suite C-100
Costa Mesa, CA 92626
(949) 333-2018
info@drdavidblock.com
General Member
Alcohol/Substance Abuse
Anxiety Disorders
Mood and affective disorders
Gay/Lesbian Issues
Cognitive-Behavioral Therapy
Interpersonal Therapy

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

Harish Kavirajan, M.D.
950 South Coast Drive
Suite 202
Costa Mesa, CA 92626
(949) 422-6814
Anxiety Disorders
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Geriatric Psychiatry
Psychopharmacology

DANA POINT

Richard Granese, M.D.
28 Monarch Bay Plaza, Ste. N
Dana Point, CA 92629
Phone: (949) 489-5564
Fax: (949) 493-9350
General Member
Depression
Bipolar Disorder
Adult
Schizophrenia
ECT
(Also has an office in Tustin.)

Edward Kaufman, M.D.
33971 Selva Road
Suite 125
Dana Point, CA 92629
(949) 488-3332
Distinguished Life Fellow
Alcohol/Substance Abuse
Depression
Anxiety Disorders
Psychopharmacology

FULLERTON

Ernest A. Wagner, M.D.
1400 North Harbor Blvd.
Suite 440
Fullerton, CA 92835
(714) 773-1502
General Member
Adult
Anxiety Disorders
Depression
Obsessive-Compulsive Disorder

GARDEN GROVE

Mark Zetin, M.D.
12443 Lewis Street
Suite 101
Garden Grove, CA 92840
(714) 971-8103
Distinguished Fellow
Adult
Anxiety Disorders
Bipolar Disorders
Obsessive-Compulsive Disorder
Psychopharmacology
Testamentary capacity
Psych malpractice

HUNTINGTON BEACH

Bruce Appelbaum, M.D., Ph.D.
18811 Huntington Street
Suite 200
Huntington Beach, CA 92648
(949) 460-4973
General Member
Affective Disorders
Bipolar Disorders
Depression
Psychopharmacology
Schizophrenia
Chronic Mental Illness

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Michael Wolf, M.D.
19742 MacArthur Blvd., #135
Irvine, CA 92612
(949) 752-5244
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

LAGUNA HILLS

Phillip Cohen, M.D.
25401 Cabot Road
Suite 203
Laguna Hills, CA 92653
(949) 951-3003
General Member
ADD/ADHD
Autism
Depression
Psychopharmacology
Panic/Phobic Disorders/Obsessive-
Compulsive Disorder
Child

Chona B. Green, M.D.
23121 Plaza Point Drive
Suite 150
Laguna Hills, CA 92653
(949) 586-4113
General Member
Geriatric
Adult
Adolescent
Depression
Alzheimer's disease
Anxiety disorders

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Cat Dang, D.O.
Insightful Minds, Inc.
2901 West Coast Highway
Suite 200
Newport Beach, CA 92663
(949) 270-2902
www.insightfulminds.org
General Member
Child/Adolescent/Adult
ADD/ADHD
Anxiety Disorders (OCD, PTSD)
Autism/Asperger's
Mood Disorders (Depression/Bipolar)
Psychotherapy (Behavioral, Art, Play)

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Life Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
Intensive Short-Term Dynamic
Psychotherapy

Alexis Meshi, M.D.
1100 Quail Street, Suite 104
Newport Beach, CA 92660
(949) 222-9922
General Member
www.alexismeshimd.com
Women's Issues (PMS, Postpartum Depression,
Menopause)
Anxiety Disorders
Mood Disorders
Psychotic Disorders
Victims of sexual abuse and/or domestic
violence

Carolyn Nguyen, M.D.
1001 Dove Street, Suite 280
Newport Beach, CA 92660
(949) 682-5437
<http://www.drcarolyn.com/>
General Member
Child/Adolescent/Adult
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Eating Disorders
Psychosis/Schizophrenia
Psychotherapy (Individual/Couples/Family)

Thuy Rotunda, M.D.
1000 Quail Street, Suite 155
Newport Beach, CA 92660
www.newportpsych.com
Child/Adolescent/Adult psychiatry
ADHD
Anxiety Disorders
Mood Disorders
Psychotic Disorders
Psychotherapy (play, individual, family)

Sanjay Vaswani, MD, CMQ
1601 Dove Street, Suite # 230
Newport Beach, CA 92660
949-200-7103
General Member
Mood Disorders
Anxiety Disorders
Psychotic Disorders
ADHD/ADD
Dementias
Psychopharmacology

Elahe Sagart, M.D.
1101 Dove Street, Suite 165
Newport Beach, CA 92660
Phone: 949-350-3222
Fax: 949-251-0313
www.therapyworksbest.com
General Member
Adult ADHD
Anxiety & Phobia
Bipolar Disorder
Obsessive Compulsive Disorder
Personality Disorder
Psychotherapy

ORANGE

David Albin, M.D.
1717 West Oranewood Ave., #D
Orange, CA 92868
(714) 288-1201
Distinguished Life Fellow
ADD/ADHD
Adolescents
Autism
Bipolar Disorders
Child
Psychopharmacology

Rimal Bera, M.D.
Clinical Professor of Psychiatry
UCI Medical Center
Department of Psychiatry
101 The City Drive South
Orange, CA 92868
(714) 456-6898
Distinguished Fellow
Depression
Adults
Schizophrenia

Surinder Dargan, M.D.
1439 East Chapman Avenue
Orange, CA 92866
(714) 633-7770
Fellow
ADD/ADHD
Adult/Adolescent/Child
Women's Issues
Affective Disorders
Psychopharmacology
Workers Compensation

Donald B. Horowitz, M.D.
112 East Chapman Ave., #A-5
Orange, CA 92866
(909) 625-5509
Also has office in Claremont
Life Member
Psychopharmacology
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Post-Traumatic Stress Disorder
Dissociative Disorders

Jessica L. Langenhan, MD
1110 East Chapman Avenue
Suite 203
Orange, California 92866
714-453-0688
General Member
Anxiety Disorders
Obsessive-Compulsive Disorder
Mood Disorders
Cognitive Behavioral Therapy
Exposure & Response-Prevention Therapy
Psychopharmacology

SANTA ANA

Thomas H. Okamoto, M.D.
2130 East Fourth Street
Suite 107
Santa Ana, CA 92705
(714) 558-2460
Fellow
Christian
Adolescents
Mood Disorders – Adult and Adolescent
Anxiety Disorders
ADD/ADHD
Dual Diagnosis Issues

Santi Pattara, M.D.
2101 East Fourth Street
Suite 110-A
Santa Ana, CA 92705
(714) 835-3314
General Member
Depression
Anxiety
Panic Disorders
Obsessive-Compulsive Disorder
Psychopharmacology

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow
Psychoanalysis
Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

TUSTIN/NORTH TUSTIN

Julie J. Giglio, MD
161 Fashion Lane, Suite 203
Tustin, CA 92780
714-730-1433 Phone and Fax
Fellow
Child/adolescent/adult psychotherapy (ages 12
and above)
Mood disorders
Anxiety disorders
Bipolar Disorder
Family therapy
Couples therapy

Richard Granese, M.D.
14351 Red Hill Ave., Ste. C
Tustin, CA 92780
Phone: (714) 838-5564
Fax: (714) 838-5560
General Member
Depression
Bipolar Disorder
Adult
Schizophrenia
ECT
(Also has an office in Dana Point.)

Cristiana Motet-Grigoras, MD
12341 Newport Blvd.
Suite D-200
North Tustin, CA 92705
(714) 544-9822
General Member
ADD/ADHD
Autism
Bipolar Disorders
Obsessive-Compulsive Disorder
Eating Disorders
Psychopharmacology

Marilyn Sosna, M.D.
2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse
Crises
Family

WEST COVINA

Dayalal D. Tank, M.D.
933 South Sunset Avenue
Suite 304
West Covina, CA 91790
(626) 813-1222
General Member
Bipolar Disorders
Schizophrenia
Depression
Anxiety Disorders

WESTMINSTER

Mai Nguyen, M.D.
14501 Magnolia Street
Suite 109
Westminster, CA 92683
(714) 903-8090
General Member
Adult
Affective Disorders
Schizophrenia
Anxiety Disorders
Obsessive-Compulsive Disorder
Post-traumatic Stress Disorder
Adjustment Disorder

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.
18200 Yorba Linda Blvd.
Suite 405
Yorba Linda, CA 92886
(714) 854-0010
Fellow
Anxiety Disorders
Depression
Adolescents
Biofeedback
Psychopharmacology
Obsessive-Compulsive Disorder