

OCPS Online Physician Directory

Psychiatrists Specializing in Treatment of Mood Disorders and The Practice of Psychotherapy

Below, you will find a list of psychiatrists grouped by city. Each of these psychiatrists treats specific types of the general problem you selected. This list is restricted to those psychiatrists who have specifically expressed facility in the practice of psychotherapy as well.

HOW TO USE THIS LIST

FIRST

Think of the city in which you would like to find a psychiatrist. Consider nearby cities as well.

SECOND

- **If you know the specific problem or diagnosis for which you are seeking help**, look for a psychiatrist in the cities you choose, who lists that problem as one of their areas of specialty.

- **If you don't know the specific problem or diagnosis**, select any of the psychiatrists in the cities you choose.

- **If none of the psychiatrists below lists your problem as a specialty**, then choose one that lists a similar problem or choose any psychiatrist in the cities you choose. Many psychiatrists are skilled in treating problems that are not listed under their name, because each psychiatrist was asked to limit their list to 6 items and most psychiatrists are skilled in treating more than six problems.

PLEASE CONTINUE TO THE NEXT PAGE

ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis, Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
<http://www.drbill.mymedfusion.com/>
Distinguished Fellow
Adult and adolescent psychotherapy
Intensive Short-Term Dynamic
Psychotherapy
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Schizophrenia
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
www.drkassir.yourmd.com
Fellow
Intensive Short-Term Dynamic
Psychotherapy
Cognitive-Behavioral Therapy
Anxiety Disorders
Mood Disorders (e.g. Depression, Bipolar)
Women's issues (e.g. pregnancy and
postpartum, PMS, etc.)
Adult Attention Deficit Disorder

BREA

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

COSTA MESA

Gustavo Alva, M.D.
3151 Airway Avenue
Suite T-3
Costa Mesa, CA 92626
(714) 545-5550
General Member
Research
Affective Disorders
Alzheimer's Disease
Geriatric
Schizophrenia

David R. Block, MD
150 Paularino Avenue
Suite C-100
Costa Mesa, CA 92626
(949) 333-2018
info@drdavidblock.com
General Member
Alcohol/Substance Abuse
Anxiety Disorders
Mood and affective disorders
Gay/Lesbian Issues
Cognitive-Behavioral Therapy
Interpersonal Therapy

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Michael Wolf, M.D.
19742 MacArthur Blvd., #135
Irvine, CA 92612
(949) 752-5244
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

MISSION VIEJO

Thomas H. Okamoto, M.D.
27285 Las Ramblas
Suite 232
Mission Viejo, CA 92691
(714) 558-2460
General Member
Christian
Adolescents
Cross Cultural Issues
Mood Disorders - Adult
Mood Disorders - Adolescent
(Also has an office in Santa Ana)

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Cat Dang, D.O.
Insightful Minds, Inc.
2901 West Coast Highway
Suite 200
Newport Beach, CA 92663
(949) 270-2902
www.insightfulminds.org
General Member
Child/Adolescent/Adult
ADD/ADHD
Anxiety Disorders (OCD, PTSD)
Autism/Asperger's
Mood Disorders (Depression/Bipolar)
Psychotherapy (Behavioral, Art, Play)

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Life Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
Intensive Short-Term Dynamic
Psychotherapy

Carolyn Nguyen, M.D.
1001 Dove Street, Suite 280
Newport Beach, CA 92660
(949) 682-5437
<http://www.drcarolyn.com/>
General Member
Child/Adolescent/Adult
Anxiety Disorders
Mood Disorders (Depression/Bipolar)
Eating Disorders
Psychosis/Schizophrenia
Psychotherapy (Individual/Couples/Family)

NEWPORT BEACH (continued)

Thuy Rotunda, M.D.
1000 Quail Street, Suite 155
Newport Beach, CA 92660
www.newportpsych.com
Child/Adolescent/Adult psychiatry
ADHD
Anxiety Disorders
Mood Disorders
Psychotic Disorders
Psychotherapy (play, individual, family)

Elahe Sagart, M.D.
1101 Dove Street, Suite 165
Newport Beach, CA 92660
Phone: 949-350-3222
Fax: 949-251-0313
www.therapyworksbest.com
General Member
Adult ADHD
Anxiety & Phobia
Bipolar Disorder
Obsessive Compulsive Disorder
Personality Disorder
Psychotherapy

ORANGE

Surinder Dargan, M.D.
1439 East Chapman Avenue
Orange, CA 92866
(714) 633-7770
Fellow
ADD/ADHD
Adult/Adolescent/Child
Women's Issues
Affective Disorders
Psychopharmacology
Workers Compensation

Jessica L. Langenhan, MD
1110 East Chapman Avenue
Suite 203
Orange, California 92866
714-453-0688
General Member
Anxiety Disorders
Obsessive-Compulsive Disorder
Mood Disorders
Cognitive Behavioral Therapy
Exposure & Response-Prevention Therapy
Psychopharmacology

SANTA ANA

Thomas H. Okamoto, M.D.
2130 East Fourth Street
Suite 107
Santa Ana, CA 92705
(714) 558-2460
General Member
Christian
Adolescents
Cross Cultural Issues
Mood Disorders - Adult
Mood Disorders - Adolescent
(Also has an office in Mission Viejo)

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow
Psychoanalysis
Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

TUSTIN

Julie J. Giglio, MD
161 Fashion Lane, Suite 203
Tustin, CA 92780
714-730-1433 Phone and Fax
Fellow
Child/adolescent/adult psychotherapy (ages 12
and above)
Mood disorders
Anxiety disorders
Bipolar Disorder
Family therapy
Couples therapy

Marilyn Sosna, M.D.
2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse
Crises
Family

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.
18200 Yorba Linda Blvd.
Suite 405
Yorba Linda, CA 92886
(714) 854-0010
Fellow
Anxiety Disorders
Depression
Adolescents
Biofeedback
Psychopharmacology
Obsessive-Compulsive Disorder