

OCPS Online Referral Directory

Psychiatrists Specializing in Treatment of Mood Disorders

Below, you will find a list of psychiatrists grouped by city. Each of these psychiatrists specializes in the treatment of mood and affective disorders, such as depression and bipolar disorder.

HOW TO USE THIS LIST

FIRST

Think of the city in which you would like to find a psychiatrist. Consider nearby cities as well.

SECOND

- **If you know the specific problem or diagnosis for which you are seeking help**, look for a psychiatrist in the cities you choose, who lists that problem as one of their areas of specialty.

- **If you don't know the specific problem or diagnosis**, select any of the psychiatrists in the cities you choose.

- **If none of the psychiatrists below lists your problem as a specialty**, then choose one that lists a similar problem or choose any psychiatrist in the cities you choose. Many psychiatrists are skilled in treating problems that are not listed under their name, because each psychiatrist was asked to limit their list to 6 items and most psychiatrists are skilled in treating more than six problems.

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ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
Distinguished Fellow
Intensive Short-Term Dynamic
Psychotherapy
Anxiety Disorders
Bipolar Disorders
Schizophrenia
Depression
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
<http://www.drkassir.yourmd.com>
Fellow
Intensive Short-Term Dynamic
Psychotherapy
Cognitive-Behavioral Therapy
Mood Disorders
Anxiety Disorders
Depression
Psychopharmacology

ANAHEIM

Onsi Habeeb-Elzayat, M.D.
1020 South Anaheim Blvd.
Suite 214
Anaheim, CA 92805
(714) 776-3371
General Member
Addiction
Adolescent Psychiatry
Affective Disorders
Schizophrenia
Forensic
Geriatric

Bum-Soo Lee, M.D.
1801 West Romneya Drive
Suite 206
Anaheim, CA 92801
(714) 817-9487
General Member
Adult
Affective Disorders
Alzheimer's Disease
Psychopharmacology

APPLE VALLEY

Kevork Iskenderian, M.D.
16195 Siskiyou Road
Suite 120A
Apple Valley, CA 92307
(760) 946-2070
General Member
ADD/ADHD
Obsessive-Compulsive Disorder
Adolescents
Child
Affective Disorders
Autism
(Also has an office in Redlands)

BREA

Charles D. Malinick, M.D.
3350 East Birch Street
Suite 100
Brea, CA 92821
(714) 528-9592
General Member
Psychopharmacology
Affective Disorders
Anxiety Disorders
ADD/ADHD
Obsessive-Compulsive Disorder

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

CERRITOS

Bala Gulasekaram, M.D.
17215 Studebaker Road
Suite 300
Cerritos, CA 90703
(562) 924-7307
Fellow
Inpatient
Psychopharmacology
Schizophrenic Disorders
Bipolar Disorders
Anxiety
Depressive Disorders

CLAREMONT

Donald Horowitz, M.D.
428 West Harrison Avenue
Suite 101
Claremont, CA 91711
(909) 625-5509
Life Member
Psychopharmacology
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Post-Traumatic Stress Disorder
Dissociative Disorders

COSTA MESA

Alejandro Alva, M.D.
3151 Airway Avenue
Suite T-3
Costa Mesa, CA 92626
(714) 545-5550
General Member
Geriatric
Bipolar Disorders
Alzheimer's Disease
Child/Adolescents
Adult
Cross-Cultural

Gustavo Alva, M.D.
3151 Airway Avenue
Suite T-3
Costa Mesa, CA 92626
(714) 545-5550
General Member
Research
Affective Disorders
Alzheimer's Disease
Geriatric
Schizophrenia

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

Harish Kavirajan, M.D.
950 South Coast Drive
Suite 202
Costa Mesa, CA 92626
(949) 422-6814
Anxiety Disorders
Obsessive-Compulsive Disorder
Depression
Bipolar Disorders
Geriatric Psychiatry
Psychopharmacology

DANA POINT

Richard Granese, M.D.
28 Monarch Bay Plaza, Ste. N
Dana Point, CA 92629
Phone: (949) 489-5564
Fax: (949) 493-9350
General Member
Depression
Bipolar Disorder
Adult
Schizophrenia
ECT
(Also has an office in Tustin.)

Edward Kaufman, M.D.
33971 Selva Road
Suite 125
Dana Point, CA 92629
(949) 488-3332
Distinguished Life Fellow
Alcohol/Substance Abuse
Depression
Anxiety Disorders
Psychopharmacology

FULLERTON

Ernest A. Wagner, M.D.
1400 North Harbor Blvd.
Suite 440
Fullerton, CA 92835
(714) 773-1502
General Member
Adult
Anxiety Disorders
Depression
Obsessive-Compulsive Disorder

GARDEN GROVE

Ravinder Singh, M.D.
12555 Garden Grove Blvd.
Suite 202
Garden Grove, CA 92843
(714) 537-7722
General Member
Adult
Adolescent
Schizophrenia
Affective Disorders
Geriatric

Mark Zetin, M.D.
12443 Lewis Street
Suite 101
Garden Grove, CA 92840
(714) 971-8103
Distinguished Fellow
Adult
Anxiety Disorders
Bipolar Disorders
Obsessive-Compulsive Disorder
Psychopharmacology
Testamentary capacity
Psych malpractice

HUNTINGTON BEACH

Bruce Appelbaum, M.D., Ph.D.
18811 Huntington Street
Suite 200
Huntington Beach, CA 92648
(949) 460-4973
General Member
Affective Disorders
Bipolar Disorders
Depression
Psychopharmacology
Schizophrenia
Chronic Mental Illness

Laura Dardashti, M.D.
17742 Beach Blvd.
Suite 345
Huntington Beach, CA 92647
(714) 300-3755
General Member
Adult
Affective Disorders - Bipolar/Depression
ISTDP
Anxiety Disorders
Women's Issues - Postpartum Depression
Schizophrenia

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Deena McRae, M.D.
18301 Von Karman Avenue
Suite 880
Irvine, CA 92612
(949) 340-3570
General Member
Adult
Mood Disorders
Anxiety Disorders
Obsessive-Compulsive Disorder
Panic Disorders
Cognitive Behavioral Therapy

LAGUNA HILLS

Phillip Cohen, M.D.
25401 Cabot Road
Suite 203
Laguna Hills, CA 92653
(949) 951-3003
General Member
ADD/ADHD
Autism
Depression
Psychopharmacology
Panic/Phobic Disorders/Obsessive-
Compulsive Disorder
Child

Chona B. Green, M.D.
23121 Plaza Point Drive
Suite 150
Laguna Hills, CA 92653
(949) 586-4113
General Member
Geriatric
Adult
Adolescent
Depression
Alzheimer's disease
Anxiety disorders

MISSION VIEJO

Thomas H. Okamoto, M.D.
27285 Las Ramblas
Suite 232
Mission Viejo, CA 92691
(714) 558-2460
General Member
Christian
Adolescents
Cross Cultural Issues
Mood Disorders - Adult
Mood Disorders - Adolescent
(Also has an office in Santa Ana)

Catherine Oyejide, M.D.
27001 La Paz Road
Suite 403
Mission Viejo, CA 92691
(949) 470-9770, ext. 2
General Member
Adults only
Anxiety Disorders
Bipolar Disorder
Depression
Schizophrenia
Obsessive-Compulsive Disorder

Thomas R. Swanson, M.D.
27800 Medical Center Road
Suite 316
Mission Viejo, CA 92691
(949) 365-0063
Distinguished Fellow
Psychopharmacology
Depression
Anxiety
Geriatric
Obsessive-Compulsive Disorder
Panic Disorders

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
Intensive Short-Term Dynamic
Psychotherapy

Michael Wolf, M.D.
620 Newport Center Drive
Suite 1010
Newport Beach, CA 92660
(949) 717-6863
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

ORANGE

David Albin, M.D.
1201 West La Veta Avenue
Suite 606
Orange, CA 92868
(714) 288-1201
Distinguished Life Fellow
ADD/ADHD
Adolescents
Autism
Bipolar Disorders
Child
Psychopharmacology

Rimal Bera, M.D.
Clinical Professor of Psychiatry
UCI Medical Center
Department of Psychiatry
101 The City Drive South
Orange, CA 92868
(714) 456-6898
Distinguished Fellow
Depression
Adults
Schizophrenia

Surinder Dargan, M.D.
1439 East Chapman Avenue
Orange, CA 92866
(714) 633-7770
Fellow
ADD/ADHD
Adult/Adolescent/Child
Women's Issues
Affective Disorders
Psychopharmacology
Workers Compensation

Thomas J. Grayden, M.D.
UCI Medical Center
Department of Psychiatry
101 The City Drive South
Orange, CA 92868
(714) 456-5902
Distinguished Fellow
Affective Disorders
Anxiety Disorders
Forensic
Bipolar/Unipolar Depression

Charles Tuan-Tu Nguyen, M.D.
UCI Medical Center
Department of Psychiatry
101 The City Drive South
Orange, CA 92868
(714) 456-8606
General Member
Schizophrenia
Cross-Cultural Psychiatry
Bipolar Disorder
Depression

Chun Kee Ryu, M.D.
805 West La Veta Avenue
Suite 108
Orange, CA 92868
(714) 771-7722
Distinguished Fellow
Depression
Schizophrenia
Anxiety Disorders
Psychopharmacology
Psychosomatic Disorders

REDLANDS

Kevork Iskenderian, M.D.
245 Terracina Blvd.
Suite 206
Redlands, CA 92372
(909) 307-9824
General Member
ADD/ADHD
Obsessive-Compulsive Disorder
Adolescents
Child
Affective Disorders
Autism
(Also has an office in Apple Valley)

SANTA ANA

George Hayter, M.D.
2101 East Fourth Street
Suite 210-A
Santa Ana, CA 92705
(714) 543-8832
Life Member
ADD/ADHD - Adult
Affective Disorders/Depression
Anxiety Disorders
Bipolar Disorders
Marital Therapy
Schizophrenia

Thomas H. Okamoto, M.D.
2130 East Fourth Street
Suite 107
Santa Ana, CA 92705
(714) 558-2460
General Member
Christian
Adolescents
Cross Cultural Issues
Mood Disorders - Adult
Mood Disorders - Adolescent
(Also has an office in Mission Viejo)

Santi Pattara, M.D.
2101 East Fourth Street
Suite 110-A
Santa Ana, CA 92705
(714) 835-3314
General Member
Depression
Anxiety
Panic Disorders
Obsessive-Compulsive Disorder
Psychopharmacology

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow
Psychoanalysis
Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

TUSTIN/NORTH TUSTIN

Richard Granese, M.D.
14351 Red Hill Ave., Ste. C
Tustin, CA 92780
Phone: (714) 838-5564
Fax: (714) 838-5560
General Member
Depression
Bipolar Disorder
Adult
Schizophrenia
ECT
(Also has an office in Dana Point.)

Cristiana Motet-Grigoras, MD
12341 Newport Blvd.
Suite D-200
North Tustin, CA 92705
(714) 544-9822
General Member
ADD/ADHD
Autism
Bipolar Disorders
Obsessive-Compulsive Disorder
Eating Disorders
Psychopharmacology

Marilyn Sosna, M.D.
2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse
Crises
Family

WEST COVINA

Dayalal D. Tank, M.D.
933 South Sunset Avenue
Suite 304
West Covina, CA 91790
(626) 813-1222
General Member
Bipolar Disorders
Schizophrenia
Depression
Anxiety Disorders

WESTMINSTER

Mai Nguyen, M.D.
14501 Magnolia Street
Suite 109
Westminster, CA 92683
(714) 903-8090
General Member
Adult
Affective Disorders
Schizophrenia
Anxiety Disorders
Obsessive-Compulsive Disorder
Post-traumatic Stress Disorder
Adjustment Disorder

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.
18200 Yorba Linda Blvd.
Suite 405
Yorba Linda, CA 92886
(714) 854-0010
Fellow
Anxiety Disorders
Depression
Adolescents
Biofeedback
Psychopharmacology
Obsessive-Compulsive Disorder