

OCPS Online Referral Directory

Psychiatrists Specializing in Treatment of Mood Disorders and The Practice of Psychotherapy

Below, you will find a list of psychiatrists grouped by city. Each of these psychiatrists treats specific types of the general problem you selected. This list is restricted to those psychiatrists who have specifically expressed facility in the practice of psychotherapy as well.

HOW TO USE THIS LIST

FIRST

Think of the city in which you would like to find a psychiatrist. Consider nearby cities as well.

SECOND

- **If you know the specific problem or diagnosis for which you are seeking help**, look for a psychiatrist in the cities you choose, who lists that problem as one of their areas of specialty.

- **If you don't know the specific problem or diagnosis**, select any of the psychiatrists in the cities you choose.

- **If none of the psychiatrists below lists your problem as a specialty**, then choose one that lists a similar problem or choose any psychiatrist in the cities you choose. Many psychiatrists are skilled in treating problems that are not listed under their name, because each psychiatrist was asked to limit their list to 6 items and most psychiatrists are skilled in treating more than six problems.

PLEASE CONTINUE TO THE NEXT PAGE

ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
Distinguished Fellow
Intensive Short-Term Dynamic
Psychotherapy
Anxiety Disorders
Bipolar Disorders
Schizophrenia
Depression
Gay/Lesbian Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
<http://www.drkassir.yourmd.com>
Fellow
Intensive Short-Term Dynamic
Psychotherapy
Cognitive-Behavioral Therapy
Mood Disorders
Anxiety Disorders
Depression
Psychopharmacology

BREA

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

COSTA MESA

Gustavo Alva, M.D.
3151 Airway Avenue
Suite T-3
Costa Mesa, CA 92626
(714) 545-5550
General Member
Research
Affective Disorders
Alzheimer's Disease
Geriatric
Schizophrenia

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

HUNTINGTON BEACH

Laura Dardashti, M.D.
17742 Beach Blvd.
Suite 345
Huntington Beach, CA 92647
(714) 300-3755
General Member
Adult
Affective Disorders - Bipolar/Depression
ISTDP
Anxiety Disorders
Women's Issues - Postpartum Depression
Schizophrenia

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Deena McRae, M.D.
18301 Von Karman Avenue
Suite 880
Irvine, CA 92612
(949) 340-3570
General Member
Adult
Mood Disorders
Anxiety Disorders
Obsessive-Compulsive Disorder
Panic Disorders
Cognitive Behavioral Therapy

MISSION VIEJO

Thomas H. Okamoto, M.D.
27285 Las Ramblas
Suite 232
Mission Viejo, CA 92691
(714) 558-2460
General Member
Christian
Adolescents
Cross Cultural Issues
Mood Disorders - Adult
Mood Disorders - Adolescent
(Also has an office in Santa Ana)

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
Intensive Short-Term Dynamic
Psychotherapy

Michael Wolf, M.D.
620 Newport Center Drive
Suite 1010
Newport Beach, CA 92660
(949) 717-6863
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

ORANGE

Surinder Dargan, M.D.
1439 East Chapman Avenue
Orange, CA 92866
(714) 633-7770
Fellow
ADD/ADHD
Adult/Adolescent/Child
Women's Issues
Affective Disorders
Psychopharmacology
Workers Compensation

SANTA ANA

Thomas H. Okamoto, M.D.
2130 East Fourth Street
Suite 107
Santa Ana, CA 92705
(714) 558-2460
General Member
Christian
Adolescents
Cross Cultural Issues
Mood Disorders - Adult
Mood Disorders - Adolescent
(Also has an office in Mission Viejo)

George Hayter, M.D.
2101 East Fourth Street
Suite 210-A
Santa Ana, CA 92705
(714) 543-8832
Life Member
ADD/ADHD - Adult
Affective Disorders/Depression
Anxiety Disorders
Bipolar Disorders
Marital Therapy
Schizophrenia

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow
Psychoanalysis
Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

TUSTIN

Marilyn Sosna, M.D.
2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse
Crises
Family

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.
18200 Yorba Linda Blvd.
Suite 405
Yorba Linda, CA 92886
(714) 854-0010
Fellow
Anxiety Disorders
Depression
Adolescents
Biofeedback
Psychopharmacology
Obsessive-Compulsive Disorder