

OCPS Online Referral Directory

Psychiatrists Skilled in the Practice of Psychotherapy

The psychiatrists listed below have indicated that they have a special interest or expertise in certain forms of treatment known as psychotherapy (also known as counseling or “talk therapy”). This does not preclude the ability to prescribe medication, should it be necessary or indicated.

After you select the cities closest to you, peruse the list of psychiatrists. The items listed in boldface under each listing specify the type(s) of psychotherapy practiced. All forms of psychotherapy should be considered individual adult psychotherapy, unless specifically listed as marital, couples, or family. If you are looking for psychotherapy for a child or adolescent, please return to the main OCPS Referral Directory page and choose the Child & Adolescent category.

Please note: Some psychiatrists who routinely perform psychotherapy may not have listed psychotherapy as a special area of expertise when registering for the OCPS Referral Directory. Those psychiatrists are not shown on this list. If you wish to broaden your search to include all psychiatrists (many of whom perform psychotherapy), please return to the main referral directory page, and choose All Psychiatrists or choose a specific area of concern or interest.

PLEASE GO ON TO THE NEXT PAGE

ALISO VIEJO

William E. Callahan, Jr., MD
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 916-5656
Distinguished Fellow
**Intensive Short-Term Dynamic
Psychotherapy**
Anxiety Disorders
Bipolar Disorders
Schizophrenia
Depression
Gay/Lesbian Issues

Bettina E. Franz, M.D., Ph.D.
6-B Liberty Plaza, Suite 110
Aliso Viejo, CA 92656.
(949) 365-0063.
General Member
Women's Issues

Jeffrey C. Glass, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 600-5757
Distinguished Fellow
Anxiety Disorders
Depression
Psychopharmacology
Psychotherapy

Anthony M. Kassir, M.D.
120 Vantis
Suite 540
Aliso Viejo, CA 92656
(949) 360-9500
<http://www.drkassir.yourmd.com>
Fellow
**Intensive Short-Term Dynamic
Psychotherapy**
Cognitive-Behavioral Therapy
Mood Disorders
Anxiety Disorders
Depression
Psychopharmacology

BREA

Michael Wu, M.D., Inc.
3 Pointe Drive, Suite 305
Brea, CA 92821
Office: 714.276.2930
Fax: 714.256.9013
General Member
Depression
Bipolar Disorder
Anxiety Disorders
Obsessive-Compulsive Disorder
Schizophrenia
Cognitive Behavioral Therapy

COSTA MESA

Gary Dylewski, D.O.
234 East 17th Street
Suite 201
Costa Mesa, CA 92627
(949) 722-1790
General Member
ADD/ADHD
Adolescents
Anxiety Disorders
Mood Disorders
Stress Management
Holistic Psychiatry
Meditation/Spirituality

HUNTINGTON BEACH

Laura Dardashti, M.D.
17742 Beach Blvd.
Suite 345
Huntington Beach, CA 92647
(714) 300-3755
General Member
Adult
Affective Disorders - Bipolar/Depression
**Intensive Short-Term Dynamic
Psychotherapy**
Anxiety Disorders
Women's Issues - Postpartum Depression
Schizophrenia

IRVINE

Yujuan Choy, M.D.
4199 Campus Drive
Suite 550
Irvine, California 92612
Phone: (949) 725-2951
Fax: (949) 612-1569
www.121psychiatry.com
General adult psychiatry
Cognitive behavioral therapy
Anxiety disorders
Depression

Laurence F. Greenberg, M.D.
19100 Von Karman Avenue, Suite 290
Irvine, CA 92612
(949) 222-6662
ADHD
Anxiety Disorders
Eating Disorders
Cognitive Behavioral Therapy

Deena McRae, M.D.
18301 Von Karman Avenue
Suite 880
Irvine, CA 92612
(949) 340-3570
General Member
Adult
Mood Disorders
Anxiety Disorders
Obsessive-Compulsive Disorder
Panic Disorders
Cognitive Behavioral Therapy

NEWPORT BEACH

Barton J. Blinder, M.D., Ph.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 640-4440
Distinguished Life Fellow
Eating Disorders
Child/Adolescent
Psychoanalysis
Obsessive-Compulsive Disorder
Depression
Panic/Phobic Disorders

Douglas G. Kahn, M.D.
400 Newport Center Drive
Suite 706
Newport Beach, CA 92660
(949) 720-0414
Distinguished Fellow
Anxiety Disorders
Affective Disorders
Panic/Phobic Disorders
**Intensive Short-Term Dynamic
Psychotherapy**

Michael Wolf, M.D.
620 Newport Center Drive
Suite 1010
Newport Beach, CA 92660
(949) 717-6863
Distinguished Fellow
Depression
Anxiety Disorders
Psychotherapy
Psychoanalysis
Psychopharmacology

SANTA ANA

George Hayter, M.D.
2101 East Fourth Street
Suite 210-A
Santa Ana, CA 92705
(714) 543-8832
Life Member
ADD/ADHD - Adult
Affective Disorders/Depression
Anxiety Disorders
Bipolar Disorders
Marital Therapy
Schizophrenia

SEAL BEACH

Jeffrey K. Seitelman, M.D., PhD
13001 Seal Beach Blvd.
Suite 345
Seal Beach, CA 90740
(562) 799-1417
Distinguished Fellow

Psychoanalysis

Anxiety Disorders
Depression
Personality Disorders
Child/Adolescents

TUSTIN/NORTH TUSTIN

Marilyn Sosna, M.D.
2472 Chambers Road
Suite 200
Tustin, CA 92780
(714) 505-1500
Distinguished Fellow
Adult
Affective Disorders
Anxiety Disorders
Alcohol/Substance Abuse

Crises

Family

YORBA LINDA

Sadashiv Rajadhyaksha, M.D.
18200 Yorba Linda Blvd.
Suite 405
Yorba Linda, CA 92886
(714) 854-0010
Fellow
Anxiety Disorders
Depression
Adolescents
Biofeedback
Psychopharmacology
Obsessive-Compulsive Disorder