

## ORANGE COUNTY HEALTH CARE AGENCY BEHAVIORAL HEALTH SERVICES PREVENTION AND INTERVENTION

## **CRISIS PREVENTION HOTLINE**

Crisis Prevention Hotline provides toll-free, 24-hour, immediate, confidential, and culturally and linguistically appropriate over-the-phone suicide prevention services to anyone, who is in crisis or experiencing suicidal thoughts. The number is 1-877-7-CRISIS or 1-877-724-4747. In addition, the program provides no-cost, mobile suicide prevention training to interested groups and organizations. This program is operated by Los Angeles-based Didi Hirsch Mental Health Services and is fully operational. To reserve an educational training session, contact Rick Mogil at (310) 895-2326 or <a href="majgleddidihirsch.org">mogil@didihirsch.org</a>. Also, please visit Didi Hirsch on the Web at <a href="https://www.DidiHirsch.org">www.DidiHirsch.org</a>.

## WARMLINE NETWORK SERVICES

Warmline Network Services (1-877-910-WARM or 1-877-910-9276) provide primarily phone-based non-crisis, supportive services to anyone, who is struggling with mental health issues and looking for a respectful, caring, and understanding person, who has been through a similar journey either as a mental health or substance abuse services consumer or a family member of such services. The Warmline, operated by NAMI-OC and staffed by trained mental health/substance abuse consumers or family members of such indicated consumers, is currently accepting calls. As of October 1, 2010, Warmline is fully operational and accessible, 7 days a week, from 8 a.m. to midnight via telephone (including TTY support) and the Internet (available at www.namioc.org website). For more information, please contact NAMI-OC Executive Director, Nancee Allen, at (714) 544-8488 or nallen@namioc.org.

## **SURVIVOR SUPPORT SERVICES**

Survivor Support Services (714-547-0885) provide education, information, individual and group support, referral, and follow-up care to those who have attempted suicide and the family members/loved ones of those who have attempted or committed suicide in an effort to reduce the incidence of suicide attempts and the development of mental health disorders. The program is based in Santa Ana and is actively recruiting group members, who could benefit from bereavement support. For more information or to reserve an educational suicide prevention training session at your work site, contact Rick Mogil, Program Director at (310) 895-2326 or <a href="mogil@didihirsch.org">mogil@didihirsch.org</a>. Also, visit Didi Hirsch on the Web at <a href="www.DidiHirsch.org">www.DidiHirsch.org</a>.