



Orange County Psychiatric Society

A District Branch of the American Psychiatric Association

THE OCPS SCOPE

A Newsgram for the Members of the Orange County Psychiatric Society

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Highlights From The OCPS Council Retreat and Summer Social

On September 8th, the OCPS Council held their bi-annual retreat where they established goals to achieve over the next two years. The Council brainstormed and came up with several great ideas, and then broke into small groups to expand upon the following goals and their purpose for OCPS:

1. **Excellence Award** - OCPS would like to honor one outstanding OCPS member psychiatrist with an award presented at the OCPS Annual Meeting. A sub-group of the Council are working on details for this potential award.
2. **Increasing Social Events** - A Social Committee was formed to identify and plan social activities for members and their family/guests. Ideas for activities include family nature hikes, wine tasting, and dinner/movie nights. As the events are planned, an email will be sent to all OCPS members and the events will be listed in this newsgram.
3. **Creating a "Public Face" of OCPS** - The Council identified this goal as a top priority. Ideas to achieve this goal include establishing a speaker's bureau, identifying needs in the community and working towards addressing those needs, and serving as a resource to further educate leaders in the community on timely mental health topics.
4. **Holding an OCPS Annual CME Meeting** - The OCPS Education Committee, along with the input of other Committee chairs, will begin planning our first annual one-day CME conference tentatively slated for April 6, 2019. More details will be shared when available.

The Council Retreat concluded at 5:00pm and OCPS members and their guests began gathering for the Annual Summer Social held at the home of Dr. Rimal Bera. With all business aside, everyone enjoyed good company, fantastic weather and amazing food. It was a truly relaxing evening and for those who could not attend, hopefully your calendars will allow you to attend next year's event.

Upcoming Events

- **December 4, 2018** - OCPS Council Meeting - 6:30 pm - OCMA Offices
- **December 9, 2018** - Educational Event - Save the date!!! Details will be sent out soon via blast email
- **April 6, 2019** - Annual OCPS CME Meeting "**Hot Topics in Psychiatry**" - Details/Location/Time TBA

Mental Health Association of Orange County 25th Annual Community Service Awards Ceremony

On Thursday, February 28, 2019, the Mental Health Association of Orange County (MHA) will be holding its 25th Annual Community Service Awards Ceremony, a gala celebration luncheon at the Center Club in Costa Mesa. This event recognizes individuals who have made a positive contribution to the mental health community in Orange County, and nominations are now being accepted.

There will be three categories of awards this year; the *Professional category*, the *Volunteer category* and the Hope and Courage award presented in the *Client Category*. Selections will be made by a qualified volunteer panel of judges experienced in mental health issues in our community.

OCPS would like to submit a nomination for the Professional Category. Last year, Dr. Brenda Jensen won the well-deserved award for this category. We are reaching out to you, our members, for nominations of professionals who demonstrate compassion and excellence in their field. Nominations need to be submitted by December 14, 2018. You can download a .pdf fillable nomination form by clicking the button below. **Please do not submit your nomination for individuals in the Professional Category to the address at the bottom of the form.** Submit your nomination form to Ms. Natalie Kaczur at Natalie@ocps.org. She will gather all nominations on behalf of OCPS and submit them to the MHA. If, however, you would like to submit an individual nomination for the Volunteer or Client Category, send the nomination form directly to the MHA as indicated at the bottom of the form.

For any questions, please contact Ms. Kaczur at Natalie@ocps.org.

MHA Nomination Form

New OCPS Social Committee

One of the goals of our Council is to enhance the benefits of being an OCPS member. In an effort to promote physician wellness, and provide an opportunity for our members to interact with their colleagues in a non-work environment, a Social Committee has been formed. They have been charged with organizing events designed for members and their families to relax, recharge and have fun!

They are in the process of planning the first event, which will be announced in the next newsgram. If you have any ideas for a social gathering/event, please email Natalie Kaczur at natalie@ocps.org. All ideas are welcome and will be shared with the Committee for consideration.

Inclusions in the Newsgram

If you have ideas for inclusions in this newsgram, or you have something you would like to include that would be of interest to our members, please contact Ms. Natalie Kaczur at Natalie@ocps.org. **Note:** Prior to publication, all submissions will be reviewed and are subject to approval by the Newsgram Editorial Committee.

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