



Orange County Psychiatric Society

DISTRICT BRANCH OF THE AMERICAN PSYCHIATRIC ASSOCIATION

MARCH 2016 Newsletter

PRESIDENT'S REPORT

By: Brenda Jensen, M.D.

- PRESIDENT**
Brenda Jensen, M.D.
- PRESIDENT-ELECT**
Richard Granese, M.D.
- SECRETARY**
Yujuan Choy, M.D.
- TREASURER**
David Safani, M.D.
- IMMEDIATE PAST PRESIDENT**
Jeffrey C. Glass, M.D.
- PAST PRESIDENTS**
Charles Nguyen, M.D.
Nicolaas-John van Nieuwenhuysen, M.D.
Kirk McNagny, M.D.
Donald L. Sharps, M.D.
Gustavo Alva, M.D.
William E. Callahan, Jr., M.D.
Patricia Cahill, M.D.
Lester S. Goldstein, M.D.
Himasiri De Silva, M.D.
Donald B. Summers, M.D.
Abes S. Bagheri, M.D.
Irwin I. Rosenfeld, M.D.
Douglas G. Kahn, M.D.
Martin Brenner, M.D.
Lawrence D. Sporty, M.D.
Barton J. Blinder, M.D.
Barry F. Chaitin, M.D.
Margaret Peterson, M.D.
Sam Kawanami, M.D.
- COUNCILORS**
Roula Creighton, M.D.
Lawrence Faziola, M.D.
Douglas G. Kahn, M.D.
Valeh Karimkhani, D.O.
Deena McRae, M.D.
Carolyn Nguyen, M.D.
Thomas Okamoto, M.D.
Nicolaas-John van Nieuwenhuysen, M.D.
- EARLY CAREER PSYCHIATRIST**
C. Scott Huffman, M.D.
- FEDERAL LEGISLATIVE REPRESENTATIVE**
Jeffrey C. Glass, M.D.
- STATE LEGISLATIVE REPRESENTATIVE**
Lawrence Faziola, M.D.
- ASSEMBLY OF DISTRICT BRANCHES**
Richard Granese, M.D.
Representative
Donald L. Sharps, M.D.
Deputy Representative
- NEWSLETTER EDITOR**
David M. Kliger, M.D.
- MEMBERSHIP/CREDENTIALS**
Vivien Chan, M.D.
Laura Lai, M.D. - Resident Chair
- ACCESS TO CARE**
Richard Granese, M.D.
- EDUCATION**
Sonya Rasminsky, M.D.
Emily Yee, M.D.
Darinka Aragon, M.D. - Resident Chair
- GOVERNMENT AFFAIRS**
Lawrence Faziola, M.D.
Jeffrey C. Glass, M.D.
Brendon Brockmann, M.D. - Resident Co-Chair
Alexis Seegan, M.D. - Resident Co-Chair
- PUBLIC AFFAIRS**
Rimal Bera, M.D.
- ETHICS**
Kaushal K. Sharma, M.D.
- FELLOWSHIP AND AWARDS**
Michael Wolf, M.D.
- INFORMATION TECHNOLOGY**
Anthony M. Kassir, M.D.
- ASIAN-AMERICAN ISSUES**
Esther Yang, M.D.
- RESIDENT REPRESENTATIVE**
Ijeoma Chukwu, M.D.
Alexis Seegan, M.D.
- COUNCIL ADVISOR**
Barton J. Blinder, M.D.

Holly Appelbaum departed OCPS at the end of February after working **30 years** as our executive director. For this President's Report, I asked each Past-President of OCPS to write a few words about their experiences working with Holly. It is illuminating to see the impact Holly has made on each Past-President and our organization as a whole.



Barton J. Blinder, M.D. –

I recall so many projects together-preparing for conferences, polishing up documents, troubleshooting issues in the community. Holly was always proactive, organized, effective, optimistic--that perspective encouraged all of us to move forward. During the rise of managed care--threatening the quality of our clinical work and relationship with patients--Holly worked diligently with us to help form the independent "Neuropsychiatric Medical Group"--initiated by OCPS to provide 80 of our members in practice with a self-directed and managed alternative to insurance company directed limitations on our work with patients. So often Holly had supportive and kind words for members in personal crisis and we all were there as an emotional resource when she contended with losses in her life. We were incredibly fortunate to have her with us during three decades of joys and sorrows of the history of OCPS.

Lawrence Sporty, M.D. –

Thanks Holly for all the years of enthusiastic, reliable, and outstanding service.

Douglas G. Kahn, M.D. –

I remember OCPS before I became president...before Holly joined us. It was my pleasure to work with her when I became president (decades ago), and to know her all these many years since. I always had confidence and peace of mind that any and every assignment, responsibility, or task that Holly was given to undertake, or undertook on her own initiative, would be taken care of very well. Every subsequent president, I am sure, understands how powerfully important that confidence and peace of mind is. Holly's commitment to OCPS has always been consistent, unquestionable, and impressive. It has been my pleasure to watch Holly's knowledge and confidence grow and develop over these many years as she became the "institutional memory" of OCPS and the dedicated representative of our society to the world at large. She is a wonderful person and we will miss her. She will not be forgotten.

Irwin I. Rosenfeld, M.D. –

When I joined OCPS in the early 1980's, we were a chapter of SCPS, but not wanting to go to West LA for meetings, our council members decided to become our own District Branch. We were told by APA that we needed to have By-Laws, and I was given the task of writing them, which were accepted by APA, and to my knowledge, remain the same today. We had an excellent secretary at the time, Debbie, but shortly after we became our own DB, she was replaced by Holly. As good as Debbie was, Holly was even better. She not only met our needs, but could anticipate them; she always knew what to do. In my years as Treasurer, President, and later, as Education Chairman, Holly was always there for us. It was not just that she

continued on page 2

In This Issue.....page

President's Message	1,2,3
Classified Ad	3
Education Committee Report	4
APA Offers Integrated Care Training	4
Art of Storytelling	5
Ethics Corner.....	6
Recognition of Website Sponsors	6
OCPS Women's Forum.....	7
MHA Community Service Award	8
New Fellows and Distinguished Fellows.....	8
American Professional Agency	9
PRMS Psychiatrists Program	10

Newsletter Editorial Board

David M. Klinger, M.D. - Editor
Barton J. Blinder, M.D.
Kirk McNagny, M.D.
Nicolaas-John van Nieuwenhuysen, M.D.

Orange County Psychiatric Society

17322 Murphy Avenue
Irvine, CA 92614
Phone: (949) 250-3157
Fax: (949) 398-8120
E-mail: happelbaum@ocps.org
www.ocps.org

Disclaimer:

The advertisements, Letters to the Editor, columns and articles published in this newsletter state the authors' opinions and do not represent endorsement of those opinions by the Orange County Psychiatric Society. Information submitted by advertisers has not been verified for accuracy by the Orange County Psychiatric Society.

In an effort to improve communications and to save money and trees, OCPS intends to "go electronic" as much as possible, especially with its communications with its membership. To that end, please provide your E-mail address to Holly in the OCPS office (happelbaum@ocps.org). Starting with this issue, the OCPS Newsletter will be sent to members by E-mail and also will be posted in the "Members Only" section of the OCPS website (www.ocps.org). We appreciate your assistance and cooperation in this effort.

President's Report... continued from page 1

Holly Appelbaum

would do what was asked of her; she would do it immediately and perfectly. If I needed information, she obtained it promptly. She never missed a council meeting. Our Society could not have functioned without her; she was our backbone. She helped carry OCPS from one administration to another. In summary, this world would be a much more perfectly efficient one if every organization, public and private, could have clones of Hollies working for them.

Abes S. Bagheri, M.D. –

Holly was a great partner for the OCPS presidents. She is intelligent, competent, and gentle. Her departure is a great loss to OCPS but she has to move up in her career. The best of luck to her.

Donald B. Summers, M.D. –

I remember Holly always being on top of things. When I was responsible for the OCPS newsletter, she would always exhort me to be sure and get it out on time. She never missed any details, and was always there to keep the OCPS meetings on track. I'm sure she will be missed by the society, but I wish her the best of luck in the future.

Himasiri De Silva, M.D. –

What a loss, but she battled more than 30 years. I was in the council when she was hired and she was one of the reasons I stayed on for more than 25 years in the council in various positions. When I was offered to become the President, I accepted because I could count on her support. She has remained a very dear friend to me and my wife, Connie. We wish her the very best.

Patricia Cahill, M.D. –

Holly Appelbaum is a consummate professional administrator who has devoted her intellect and her heart to OCPS. As President, I had the value of her knowledge and her diplomatic skills. Holly has been vital to keeping OCPS a wonderfully active and collegial organization and we are all in her debt.

Gustavo Alva, M.D. –

For me Holly Appelbaum was a beacon of light in my presidency. Not only did she have the institutional memory, which alas, will no longer be there for OCPS; to help clarify issues associated with the organization and pitch in during times when redundancies might arise with policy, but she also brought a human element of caring and compassion to the organization. Even through periods of grappling with financial troubles, she never balked at being underpaid and overworked. Holly stands in my mind as the glue holding different personalities together, despite there being great differences. A wealth of knowledge and a caring attitude to boot.

Donald L. Sharps, M.D. –

While I took my turn as OCPS President in 2004, I had no idea that I would have a second job with OCPS and Holly. It was a time of change. Holly had to endure the advent of Managed Care Networks and the dismantling of her OCPS referral service, in which she had become very invested. Even without referral resources, she continued to have involved conversations with individuals who called her for help. Holly has always had a big heart.

continued on page 3

PRESIDENT'S REPORT *cont.*

President's Message... continued from 2 *Holly Appelbaum*

Kirk McNagny, M.D. –

When I heard that Holly will be leaving as the Executive Director for OCPS, I was filled with incredible sadness. Obviously, I knew that this would happen at some point in the distant future, but I was not prepared for it to happen now. Holly has been the cornerstone of OCPS for so long that it seemed that she was inseparable from the organization. Holly has qualities that gave OCPS its distinctive flavor. She is perhaps the friendliest, most helpful, most cheerful, and accommodating person that I have ever met. When patients call her to ask for a referral for a psychiatrist, the most common feedback is something to the effect of "OCPS is where they have that really nice lady that answers the phone and goes out of her way to help you no matter what." She is able to manage the most "difficult" people and challenging situations with humor and grace. Once, a guest of a member was somewhat belligerent at a social function and was causing a disturbance. She was able to diffuse the situation with incredible diplomacy and skill. It was a teaching moment for me, as I felt that I could use her approach with some of my own patients. Another characteristic of Holly's personality is her incredible humility. This humility is present in spite of her amazing institutional memory which spans the course of 30 years. She basically knows EVERYTHING! One of the first things that new officers learn when discussing an issue is to ask Holly if this issue has ever come up before, and if so, how did we solve it? Many times it has, which stops us from reinventing the wheel. I will greatly miss Holly, and so will our entire membership. We all wish her the very best for the future!

Nicolaas-John van Nieuwenhuysen, M.D. –

OCPS and the greater mental health community in Orange County are deeply indebted to Holly for her unrivaled dedication and hard work. I am very fortunate to have worked with Holly since 2001, while fulfilling various roles in OCPS, including President and Chair of the Education Committee. I always relied heavily on her expertise and amazing institutional memory. Her tremendous assistance, support and good cheer allowed those in leadership positions to learn their roles and excel. I don't know a harder working, more organized, dedicated, and above all, more caring person! Holly has been the face of OCPS for over 30 years and it is difficult to imagine our organization without her. We thank you and will miss you, Holly!

Charles Nguyen, M.D. –

It has been great working with Holly. During my 10 years on the Executive Committee, Holly has been extremely helpful. Whenever I'm not sure about something, I would often turn to Holly and she would always have an answer. If she didn't at the moment, she would somehow find the answer, even if it meant going through years of past meeting minutes. OCPS had many Past Presidents, but Holly has been there throughout our history. She will be missed tremendously, but fortunately, she will be in the same building.

Jeffrey C. Glass, M.D. –

Upon assuming the role of President I soon found out that some issues arise behind the scenes. Although such issues may never become widely known, when decisions had to be made I appreciated Holly's perspectives about maintaining the ongoing well-being of OCPS....Holly would always go out of her way to help people. Holly was all about "access to care" long before this concept became fashionable.

It is clear from the sentiments of OCPS Past-Presidents how much Holly has meant to OCPS. Above all, Holly stands out to me as a person with a caring heart who wants to help the world around her. For the past 30 years she has not only helped our organization, but the mental health community throughout Orange County. Holly will be missed, but her influence will never be forgotten.

CLASSIFIED AD

OFFICE SPACE AVAILABLE

Prime location psychotherapy office for full-time sublease MacArthur at Jamboree in Irvine/Newport area.

Quiet, after hours AC \$550/month.
E-mail: Micwolfmd@gmail.com
if interested

EDUCATION COMMITTEE REPORT

By: Sonya Rasminsky, MD, Education Committee Co-Chair, Emily Yee, MD, Education Committee Co-Chair, and Darinka Aragon, MD, Resident Chair

The Education Committee has been working hard to create diverse educational programming for our members. We're always thinking about the future, so please let us know if there are topics or speakers that you'd like to recommend. Most presentations are now being videotaped and will soon be available on the web site in the "members only" section.

Past Events:

On November 18, 2015 Donna Vanderpool, MBA, JD from Professional Risk Management Services, Inc., gave a fascinating presentation about telepsychiatry, discussing risk management issues, as well as practical considerations for incorporating telepsychiatry into your practice.

On January 27, 2016 Dennis Greenberger, PhD gave a terrific update about cognitive behavioral therapy and signed copies of the new edition of his bestselling book, *Mind Over Mood*.

On February 17, 2016 we partnered with the American Academy of Pediatrics (AAP) to screen the award-winning film Behind the Orange Curtain, a documentary about substance abuse in Orange County teenagers. Filmmaker Natalie Costa answered questions after the film. Over 50 people attended this event, which also included an update from the Department of Justice Prescription Drug Monitoring Program about signing up for CURES 2.0.

Upcoming Events:

On March 22, 2016 Dr. Deborah Hales, former associate director of the American Psychiatric Association's Division of Education, Minority, and National Programs, will speak about Maintenance of Certification (MOC). This event will take place at the OCMA offices in Irvine. Dinner will be available at 6:30 p.m. and the presentation will begin at 7:00 p.m.

APA to Offer Integrated Care Training

As part of the Transforming Clinical Practice Initiative (TCPI), APA will offer training to psychiatrists to support practice transformation through nationwide, collaborative, and peer-based learning networks.

Free training is available to psychiatrists through online modules and live trainings.

CME credit is also offered. Content is similar for both training sessions so you may choose to participate in one or the other based on your learning preferences and availability.

Online Modules - [Click here to get started!](#) There are two parts to the training containing seven modules in all. It is recommended that participants complete both parts 1 and 2.

ART OF STORYTELLING: *The Human Experience of Being a Psychiatrist*

By Michelle Furuta, MD

An SCPS-Produced Documentary will premiere at the American Psychiatric Association's Annual Meeting this May in Atlanta

The story of who psychiatrists are today, what they do, and what they value has been told by almost everyone but them. We are notoriously private; cautious about revealing personal information to patients, and noticeably absent in the media.

What has been the consequence of this? If you don't tell your story, someone else will tell it for you. A simple Google search of "psychiatry documentary" produces a horrific display of anti-psychiatry propaganda and ignorant distortions of the field intended to elicit fear - "psychiatry: An Industry of Death", and "The Age of Fear: psychiatry's Reign of Terror" are a few examples. The titles are so egregious it's almost funny. We all know where these productions have come from, but what has the response been, and has it been enough? How did this happen to a well-educated group that is not socioeconomically disenfranchised and is certainly not going around terrorizing or killing people? The repercussions have been serious. Mental illness is the #1 cause of disability worldwide. Patients still fear going to see a psychiatrist – that they will be overmedicated, not listened to, not understood, not cared for, or worse, maybe the psychiatrist will see how "crazy" they are and lock them up. The stereotype of being "crazy" is equated with being dangerous, weird, scary, and ostracized - and in some ways - so is being a psychiatrist.

While media distortions of psychiatrists are not the only source of stigma, the inattention to creating an authentic professional narrative has contributed to gross stereotypes of both psychiatrists and patients that continue to reinforce stigma in mental health. But it isn't just what other people think of psychiatrists and patients that has been impacted. Through the making and watching of this film I had a startling realization - something I had never even considered prior. The stereotypes of psychiatrists created by others was having a massive impact on the way I saw myself, my profession, and the ways in which I continued to unintentionally reinforce these stereotypes, all the while thinking – yeah, maybe some of that really is true, but I am the exception.

Psychiatrists are private people. The guardians of people's truths, they work alone in private rooms, quietly attending to places in the human psyche that very few have the skill, ability, or willingness to go. Psychiatrists hold the truths of our patients and our profession. We are the receivers and tellers of stories, and the only accurate source of our own story.

Art of Storytelling: *The Human Experience of Being a Psychiatrist* is a documentary that follows six psychiatrists as they take an oral history from twelve other psychiatrists. Interviews were built around the same 12 questions with one simple focus - what is the human experience of being a psychiatrist? The interviewees encompass a group spanning 60 years in age and are diverse in gender, sexual orientation, ethnicity, and type of practice. The individual interviews illustrate intergenerational differences and similarities within our field - but ultimately coalesces to create a cohesive narrative of who psychiatrists are in Southern California right now.

What is felt through these stories is deeply touching and authentic. A strong value of connection, personal resilience, transformation, a commitment to service and compassion for others, an openness and embrace of differences, and a deep love for people and the work they do are some of the themes we see emerge. It changes the old narratives and debunks the stereotypes. It challenges non-psychiatrists to rethink their views of psychiatrists and psychiatry, but it also challenges psychiatrists to consider their own narratives, to update and courageously tell their own stories. I believe it will change the way other people see psychiatrists, but even if it doesn't, it has changed the way I see myself. Doing the work of a psychiatrist is something I have always loved, but it is now a professional identity that I hold in tremendously high regard, and am honored to share. This is a group of people I am proud to be a part of, and have found, to my surprise, that I am far more similar than different to them all. It has been an incredible discovery, and a wonderful relief.

Art Of Storytelling: The Human Experience of Being a Psychiatrist will premiere at the American Psychiatric Association's Annual Meeting this May in Atlanta, GA. (Event 3909, Media Workshop, Wednesday, 5/18 9a.m.-noon, Georgia World Congress Center - Building B - Level 4, Room B402) The film was a group project of the Art of Psychiatric Medicine Committee – Michelle Furuta, MD (Director and Committee Chair), Linda Do, DO, Arsalan Malik, MD, Elizabeth McGuire, MD, Steve Soldinger, MD, and Devin Stroman, MD. Cast members/Interviewees: Michael Gales, MD, Jaime Garcia, MD, Haig Goenjian, MD, Charles Grob, MD, Ijeoma Ijeaku, MD, Martha Kirkpatrick, MD, Maria Lymberis, MD, Joseph Natterson, MD, Kristen Ochoa, MD, Robert Ross, MD, Mary Ann Schaepper, MD, and Kimberly Shapiro, MD. It was produced by Mindi Thelen for the Southern California Psychiatric Society and edited by Tim Thelen.

ETHICS CORNER

As a service to our members we are presenting ethics questions and their answers as reprinted from *Opinions of the (APA) Ethics Committee on the Principles of Medical Ethics with Annotations Especially Applicable to Psychiatry*.

Question:

Does the ethical prohibition embodied in Section 7, Paragraph 3 of the Annotations apply to psychologically informed leadership studies based on careful research that do not specify a clinical diagnosis and are designed to enhance public and governmental understanding?

Answer:

The psychological profiling of historical figures designed to enhance public and governmental understanding of these individuals does not conflict with the ethical principles outlined in Section 7, Paragraph 3, as long as the psychological profiling does not include a clinical diagnosis and is the product of scholarly research that has been subject to peer review and academic scrutiny, and is based on relevant standards of scholarship. (2008)

Question:

A psychiatrist brings a colleague into the office. What is a proper means of paying that colleague for his or her services? Would it be any different if the colleague is not a psychiatrist but a nonmedical mental health professional?

Answer: See Section 2, Annotation 7 (APA):

An arrangement in which a psychiatrist provides supervision or administration to other physicians or nonmedical persons for a percentage of their fees or gross income is not acceptable; this would constitute fee splitting. In a team of practitioners, or a multidisciplinary team, it is ethical for the psychiatrist to receive income for administration, research, education, or consultation. This should be based on a mutually agreed-upon and set fee or salary, open to renegotiation when a change in the time demand occurs.

A physician is licensed by the people of a state to provide medical care. He is not licensed to establish an entrepreneurial business when the care of patients is subordinated to profit. His role as captain of the ship does not entitle him to profit from the efforts of nonmedical practitioners nor from psychiatrists dependent upon him for an opportunity to enter the community. He may pay a salary to the new colleague commensurate with his professional work. If the arrangement provides for the colleague(s) to collect fees, he may only charge that colleague(s) what is appropriate for services he provides, such as space, secretarial support, supervision, and consultation. To the extent psychiatrists ignore this ethical requirement, they lose the support of public trust. (1976; 1978; 1990)

Recognition of Website Sponsors

OCPS would like to extend its gratitude to our website sponsors, without whose generous support our new website would not have been possible.

Platinum sponsors: American Professional Agency and Professional Risk Management Services

Bronze sponsor: Cooperative of American Physicians

OCPS WOMEN'S FORUM

By: Deena McRae, M.D.

On January 25, 2016, the OCPS Women's Forum started the new year with a welcoming and supportive gathering of old and new participants, and an engaging and thought-provoking discussion of how our past decisions, priorities, life events and sometimes pure happenstance led us onto our current career paths.

It was fascinating to learn about each woman's unique upbringing, background and perspectives that influenced her career decisions. For some, an early passion for specific elements of psychiatry initially drove their educational and career decisions, and for others, an admirable desire to improve the mental health system and to serve the mental health community may have steered their early paths. Ambition and a pursuit of leadership positions may have later influenced the direction of other women. It is an infusion of deep reflection as well as a weaving of transformative experiences that have shaped who and where we are today.

Lofty career aspirations as well as personal life decisions were often internally born, but sometimes, they were responses to externally placed expectations that the women may have perceived from loved ones and/or society. The desire "to do everything well" in all aspects of our lives at home and at work may not be a realistic goal for anyone, man or woman, and we all must force ourselves to appropriately prioritize, recognize that we must occasionally make difficult choices and decline opportunities at times. Being successful at work and being fully present at home do not need to be mutually exclusive though.

A common thread through all of the stories is that we have all made critical discoveries about ourselves through our unexpected adventures and sometimes our paths take us into very surprising and uncharted territories that challenge our ideas that we have about ourselves. And sometimes life events occur and our paths are permanently altered without our control or consent. Our experiences have shaped who we are today and have certainly created a very impressive group of strong women who I am very proud to call colleagues.

We welcome everyone, men and women, to come to future Women's Forum events. These quarterly events are great opportunities to meet other professionals, establish mentors, enjoy a nice meal with friends and to join in on our intriguing and enlightening discussions. Please mark your calendar with these future dates:

Monday, April 25, 6:30 – 8:00 pm

Monday, July 25, 6:30 – 8:00 pm

Monday, October 24, 6:30 – 8:00 pm



Organizers:

Stephanie Lei, M.D.

Michelle Park, M.D.

Yujuan Choy, M.D.

Deena McRae, M.D.

Laura Lai, M.D.

MHA Community Service Award Presented to Thomas Okamoto, M.D.

On Thursday, February 25, during a luncheon at the Turnip Rose in Costa Mesa, where he was surrounded by his wife, Evelyn, and colleagues from OCPS, Thomas Okamoto, M.D. received the Mental Health Association's Community Service Award in the professional category.

As noted in the nomination letter, Dr. Okamoto works in the background on projects of social significance and only talks about his participation in those projects to shed light on the project itself, not to boast or bring attention to himself. He is motivated to help provide and connect psychiatric information in a useful format to community institutions that interact with the public. Lately those institutions have been law enforcement, non-profit organizations and the Christian Evangelical church.

One such project was to help train the Irvine Police Department on Bipolar Disorder. Another project was to augment mental health training for CHP officers. Dr. Okamoto first connected with Lieutenant Commander Jose Reyes of the CHP at the 2014 NAMI Annual Dinner. It was during that dinner that Dr. Okamoto learned that the CHP is mandated to be trained on mental health topics, but CHP officers have very little contact with the psychiatric profession within this training. Upon hearing that, Dr. Okamoto suggested the possibility of OCPS-member psychiatrists providing training to CHP officers on more effective and appropriate interactions with mentally ill persons. That initial interaction evolved into a few scheduled training sessions presented by OCPS members. Topics covered in the training sessions included 5150 holds (proper documentation of the hold, and education on what happens to the person once the hold is in place), de-escalation techniques, and assessment and initial approach to the mentally ill person in the field.

Dr. Okamoto believes that it is important that law enforcement officers are exposed to psychiatric input as psychiatrists can provide specific information of disease states, treatment issues and management techniques that are unique to the psychiatric field.

This has been a great opportunity to provide much needed public service as well as contribute to law enforcement's capabilities. As Dr. Okamoto has said, "Our patients and those yet to be patients need law enforcement to be appropriately informed, which will give them more skills to use in the field" when interacting with mentally ill people.

This is but one example of Dr. Okamoto's public service efforts. Congratulations Dr. Okamoto. You deserve all the recognition and accolades you received on February 25 – and many more.



MHA executive director Jeff Thrash presents award to Dr. Okamoto

CONGRATULATIONS

The following OCPS members were elected to Distinguished Fellowship by the APA Board of Trustees during its December 2015 meeting:

Lesley MacArthur, M.D.
Jody M. Rawles, M.D.

The following OCPS members were elected for Fellowship by the APA Board of Trustees:

Evangelos Coskinas, M.D., Ph.D.
Kwitka Durana Peratt, M.D.
Daniel Jon Kostalnick, M.D.
Jay H. Leathers, M.D.
Moira Shae Locke, M.D.

Hina Sidhu, M.D.

Deena Shin McRae, M.D.
Michelle J. Park, M.D.
Sonya R. Rasminsky, M.D.
Sina M. Safahieh, M.D.
David Safani, M.D., MBA

We've got you covered.

For over 40 years, we have provided psychiatrists with exceptional protection and personalized service. We offer comprehensive insurance coverage and superior risk management support through an "A" rated carrier. In addition to superior protection, our clients receive individual attention, underwriting expertise, and, where approved by states, premium discounts.

Endorsed by the American Psychiatric Association, our Professional Liability Program Provides:

- **Risk Management Hotline** 24/7 should an Emergency Arise
- **Insuring Company** rated "A" (Excellent) by A.M. Best
- **Telepsychiatry, ECT coverage & Forensic Psychiatric Services** are included
- **Many discounts, including Claims-Free, New Business & No Surcharge for claims** (subject to State Approval)
- **Interest-free quarterly Payments/Credit Cards Accepted**

Visit us at apamalpractice.com or call 877.740.1777 to learn more.



American Professional Agency, Inc.

LEADERS IN PSYCHIATRIC MEDICAL LIABILITY INSURANCE

95%

OF CLIENTS RENEW WITH PRMS



WE PROTECT YOU

PRMS protects you from beginning to end, throughout every stage of your psychiatric career. That's why 95% of our clients choose to renew their medical professional liability policy and remain with PRMS year after year – the result of a comprehensive policy, outstanding customer service and a team of experts who truly understand psychiatric risk.



JACKIE PALUMBO
CHIEF UNDERWRITING OFFICER

Full-career protection is just one component of our comprehensive professional liability program.

When selecting a partner to protect you and your practice, consider the program that puts psychiatrists first. **Contact us today.**

More than an insurance policy

800.245.3333 | PsychProgram.com/Dedicated | TheProgram@prms.com

