



## Orange County Psychiatric Society

A District Branch of the American Psychiatric Association

# The OCPS SCOPE

*An e-newsgram for the members of the Orange County Psychiatric Society*

Visit our Website

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### Message From The President

*by Yujuan Choy, MD*

This is the launch of the first issue of OCPS' electronic newsgram (e-newsgram) which replaces our traditional quarterly newsletter. This e-newsgram will feature the same content as our former newsletter, but will be delivered in small clips on a more regular basis. I want to thank our e-newsgram chief editor, **Dr. Bart Blinder**, who spearheaded this project with the help of his co-editors, **Dr. Anish Dube** and **Dr. Robert Bota**, and the administrative support of **Ms. Natalie Kaczur**, our new executive director.

There are several updates I'd like to share with you since our last newsletter was published:

- Ms. Kaczur began working for OCPS in a very limited capacity in October 2017. As of January 1, 2018, she has transitioned into her part-time role, devoting 20 hours per week to OCPS. The OCPS Council and I are very grateful for her support and expertise. She has been diligent in becoming familiar with OCPS operations and has already suggested some changes that will streamline some of the day-to-day operations. The best way for members to contact her is via email at [Natalie@ocps.org](mailto:Natalie@ocps.org).
- There have also been changes to officers this past year. When Dr. Safani stepped into the president-elect role in May 2017, he vacated the treasurer's position which he held the previous three years. The OCPS council appointed Dr. Anish Dube, current public affairs chair, to the position of treasurer in July 2017. Dr. Dube will hold the treasurer position until the upcoming general election, which is currently underway.
- The installation dinner for the newly elected OCPS officers is planned for the evening of April 28, 2018 at the Center Club in Costa Mesa. I am pleased to inform you that State Senator John Moorlach has graciously accepted our invitation to be the keynote speaker. Senator Moorlach is a strong advocate of mental health services, both locally here in Orange County, and on the State level. Please mark your calendars and

plan to attend this very exciting biannual event. Formal invitations will go out soon via email.

- Another important update is that the OCPS office has moved to a new location this month. OCPS subleases space from the OCMA, and we moved with OCMA to their new building close to John Wayne Airport. Our new address is **5000 Campus Drive, Newport Beach, CA, 92660**. Please visit us at the new building when we hold our next educational event.



## 2018 OCPS Election

Ballots for the 2018 OCPS Election were sent to all members on Monday, February 26, 2018. There are eight open Council positions with the following physicians running for those seats:

Rimal Bera, Laura Dardashti, Douglas Kahn, Carolyn Nguyen, Thomas Okamoto, Sonya Rasminsky, Jonathan Serrato and Nicholaas John van Nieuwenhuysen.

Additionally, the following physicians are running for officer positions:

ECP Representative: Anish Dube

Secretary: Roula Creighton

Treasurer: Larry Faziola

President Elect: Robert Bota

The election will be open until 11:59pm PST on Monday, March 12, 2018.

Your voice does matter! Our leadership represents you, our members, so please take a moment to cast your vote.



## OCPS Installation Dinner

The OCPS Installation Dinner recognizing our incoming elected officers, will be held on **April 28, 2018** at the Center Club in Costa Mesa. All members are invited and encouraged to attend! Details will be sent via email soon, so please keep an eye on your email and plan to attend this biannual event!

## Frances Broghammer, MD - Recipient of the 2018 Callahan Award

Frances "Francie" Broghammer, MD, was honored at the OCPS January Council Meeting as the 2018 recipient of the William Callahan, MD, Memorial Advocacy Award. This award was established by OCPS in 2015 in memory of Dr. William Callahan's life and his passion for legislative advocacy, and is

presented to an OCPS resident-fellow or early career physician member. Like Dr. Callahan, Dr. Broghammer is passionate and enthusiastic about advocacy efforts. "For those who may not be able to speak for themselves, psychiatrists become an imperative component of mental health advocacy," says Broghammer. "Advocacy ranges from everyday actions like ensuring adequate medical workups are offered by emergency room providers, to more formal platforms such as CPA Advocacy Day," she added. Congratulations, Dr. Broghammer, for being honored with this award and for your commitment to advocacy!



*Frances "Francie" Broghammer, MD*

## **Brenda Jensen, MD, Receives MHA Community Service Award**



*Brenda Jensen, MD*



OCPS Councilors and Officers join in congratulating Dr. Jensen. From L to R: *Drs. Sean Comeau, David Safani, Yujuan Choy, Brenda Jensen, Jeff Glass, Anish Dube and Nicholaas John van Nieuwenhuysen*

Dr. Brenda Jensen, Immediate Past President of OCPS, received the 2018 Mental Health Community Service Award for Outstanding Professional at the February 22nd Mental Health Association of Orange County Awards Luncheon honoring mental health Professionals, Volunteers and Clients. Not only does Dr. Jensen continue to serve OCPS, she is the Director of Medical Education for the psychiatry program at UCI where she mentors medical students, teaching the importance of the primary goals of mental health: to help eliminate functional deficits and barriers to restore an individual's ability to live a full and rich life. She is also an attending physician at the Tibor Rubin VA Medical Center where she works directly with patients suffering from a range of illnesses, providing an excellent standard of practice and care using a mix of psychological, medical, and social interventions for integrative complete care. Dr. Jensen is active in the community on mental health issues and is a tireless advocate in helping legislators to better understand the issues that affect mental health treatment providers and their patients. Congratulations, Dr. Jensen, on receiving this well-deserved award!

## **Creating Future Success for the CPA**

*by Randall Hagar, MD, Director of Government Relations*

It is an exciting time for the CPA in the legislature. We have assumed a strong state leadership role in developing mental health policy. The success of CPA's Annual Advocacy Day is an exciting element in our success. Last year we had 19 RFMs participate. We also had three CPA bills signed by the Governor - a new record for the number of bills CPA carried, and we managed to do it with zero votes cast against our bills! Something we should all be proud of.

However as great as Advocacy Day success has been, once it's over CPA members and RFMs who participated go back to their practice settings or programs and advocacy is more or less over for the year. My hope had always been that the advocacy skills learned would continue to be honed, and the knowledge base about mental health policies would expand throughout the year. In individual cases it has expanded, but CPA didn't have the resources to actively support broad continued education and growth in advocacy – until now.

The CPA has been awarded an APA Innovation grant. With these funds, CPA will form an advocacy community specifically for RFMs. We want to invite all RFMs to join in shaping and advancing CPA leadership in policy making. Using digital/online/social media, as well as some face-time with CPA leaders, we want to take the advocacy skills we teach, and the information about specific policy issues we impart from Advocacy Day, on the road. Our goal is to expand RFM advocacy engagement from the one event per year format to an ongoing process throughout the year.

Darinka Aragon, MD, and Jorien Campbell, MD, CPA Council RFM Representative and Deputy Representative respectively, will help oversee the statewide effort and assure the CPA gets this right.

CPA has also hired a communications consultant to oversee communications, develop content and generate the social media/internet/digital aspects of our project. Our consultant has been renewing the CPA website with these goals in mind, incorporating a new secure section for RFMs who desire to participate. She has also set up (for the first time) a Facebook page to assist in the delivery of broader educational content. My twitter account is also receiving a makeover. Drs Aragon and Campbell are helping to establish a list of topics to develop into short, succinct basic "explainers" of fundamentally important policy topics.

Stay tuned!

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## UPCOMING EVENTS

Mark your calendars now for these upcoming events:

- **March 1, 2018 - "Financial Planning for Early Career Physicians."** A must for ECPs, Residents and Fellows! Dinner-6:00 pm, Discussion-6:30 pm. Location: Brodard Chateau Vietnamese Restaurant, 9100 Trask Avenue, Garden Grove, CA 92844. Topics Covered: Investing/Financial Management, Loan Repayment and Insurance Coverage. Cost: Free. To RSVP, please email Natalie Kaczur at [Natalie@ocps.org](mailto:Natalie@ocps.org).
- **March 20, 2018 - Educational Program.** 6:30 pm Dinner; 7:00 pm to 8:00 pm Program. Presentation by Dr. Robert McCarron - "Innovative Approaches to Expanding Mental Health Care Access." Details of the event and registration information will be sent to all members via email.
- **April 28, 2018 - OCPS Installation Dinner.** The Center Club, Orange County. Details TBA.

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## How Will the New Tax Laws Impact You?

Are you wondering how the new tax laws may impact? If so, click on the following link to view an article from the Journal of Accountancy.

[H.R. 1 - The Tax Cuts and Jobs Act](#)

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## Are You Seeking A Fulfilling Career In Psychiatry?

### Metropolitan State Hospital Career Fair for 4<sup>TH</sup> Year Residents

**Date:** March 1, 2018 **Time:** 8:00AM - 12Noon

11401 S. Bloomfield Avenue Norwalk, CA 90650

**RSVP to Angelia Washington, (562) 651- 4115 by February 23, 2018**



Metropolitan State Hospital

Joseph Mirkovich, M.D.  
Staff Psychiatrist  
Director of Psychiatry Clerkship Program



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#### **Schedule**

**8:00AM – 8:30AM:**

Meet and Greet (refreshments will be served)

**8:30AM – 8:45AM:**

Opening Remarks by Joseph Mirkovich, MD

**8:45AM – 9:00AM:**

History of MSH (Janet Searfross)?

**9:00AM - 9:30AM:**

Dr. Alex Sahba, MD, Chief, Medical Staff

**9:30AM – 10:00AM:**

Dr. Paul Ananias D.O., Chief, Department of Psychiatry

**10:00AM -10:30AM:**

David Niz, MD, Chief, Forensic Psychiatry

**10:30AM -11:30AM:** Tour of the Units

**11:00AM -12Noon:** Human Resources?

**\*\*\* Dress Code:** semi-professional (no neck ties or scarves around the neck, no Khaki color attire).

*Bring your California Driver's License (CDL) for tour.*

*Please wear comfortable walking shoes.*

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We'll see you at the Northern CA Psych Society Annual Meeting & Scientific Program  
Meritage Resort, Napa, CA March 23-25, 2018

STAY CONNECTED



Orange County Psychiatric Society  
Editorial Staff: Barton Blinder, MD, Anish Dube, MD, Robert Bota, MD, Natalie Kaczur, CNAP